



The Covid-19 pandemic has challenged us in many ways but at Applewood we are all about “growing hope!” We presented our residents with a herb seedling gift pack to lift their spirits and symbolically, it was our way of saying there are better days ahead. We have been extremely gratified as to how a simple gesture can brighten our resident’s day! Here are a few of the many notes of thanks we have received from of our residents.

*“This morning I received another delightful surprise in a packet of herbs delivered with a smile. Thank you so much for your kindness. To know that ‘someone out there’ is endeavouring to keep our spirits up during this trying time is so appreciated. It may be a small token of seeds but the thoughtfulness on your part lifts our mood and well-being and that cannot be measured. Thanks again and make sure you look after yourselves also. You are treasured for the care you give us.”*

*“Thank you for the growing gift which came over the weekend, it was a lovely thought to bring something living and positive into our worlds.”*

*“What a really cheerful surprise from you all thank you. I have followed the directions and given the seeds a talking to as I am a believer in motivating plants a la Prince Charles! The pouch is now on my window ledge ready for the morning sun. Many thanks for continuing little steps to cheer us up. I very much appreciate your thoughtfulness.”*

*“For those of us who live alone, Applewood is the place to be. There are lots of friendly people to speak to during our daily hour of exercise (wearing masks and observing social distancing, of course!!) and staff who care. I am now going to set up my ‘Grow Kit’ and look forward to enjoying the chives when they are ready. “*

*“Thank you again for creating fun ideas to brighten our day. All residents, I’m sure, value being cared for particularly during these lean times. No doubt our parsley will flourish in time to greet the better times ahead.”*