

appleflash

EDITION 4. APRIL 2026



It's The End of Daylight Savings at Applewood

IN THE APRIL EDITION

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Contact us



Reception & Comms Email:
reception@applewood.com.au
communications@applewood.com.au



Address:
5 Grand Boulevard
Doncaster VIC 3108



Web:
applewood.com.au



Resident Portal:
applewood.com.au/login
Email - your email address
Password: Applewood2022



Phone:
Internal dial 8
External (03) 8848 1100



Facebook:
ApplewoodRetirement

Restaurant - The Orchard at Applewood

Tuesday and Friday's only. Internal extension 1121 or external call (03) 8848 1121

Applewood Services:

Applewood Bus (Shopping) (Booking required)	Reception	Int 8 / Ext (03) 8848 1100
Applewood Hair Studio (By appointment only)	Melissa	Tel. 0407 522 196
Applewood Beauty (By appointment only)	Mary	Tel. 0403 680 011
Podiatrist (Appointment required)	Podiatrist	Tel. (03) 9850 1004
Physio (Appointment required)	Ian Gill	Tel. 0407 850 899
Manningham General Practice (MGP) (Appointment required)	MGP	Tel. (03) 8840 1400
Gymnasium (Booking required)	Reception	Int 8 / Ext (03) 8848 1100

Applewood Swimming Pool & Spa (No booking required). Note: During School holidays grandchildren are allowed to use the pool between the hours of 12pm-4pm

Inhouse TV: Channels 997, 998 (Applewood Notice Channels)

Library: Borrow Books, DVDs, Jigsaws, Computer use (also in Level 1 Lounge), Activity Sign-in Book & Notices

APPLEWOOD RESIDENTS COMMITTEE (ARC)

Secretary Geoff Dreher Email: gdreher@bigpond.net.au

EVENT COORDINATORS DIRECTORY - APPLEWOOD SOCIAL ACTIVITIES

Karralyka Theatre / The Round	Sonia Paulett	Ext. 4246
Mah-Jong	Helen Proctor	Ext. 0917
Mens Coffee Morning 'Grumpy Old Men'	Bob Slater	Ext. 1414
Ladies Coffee Morning	Ellen Boyd	Ext. 1452
Solo Cards	Di Lambley	Ext. 1473
Rummikub	Noni Strauss	Ext. 0930
Applewood Craft Group	Di Lambley	Ext. 1473
Creative Design Group	Chris Gosbell	Ext. 1417
Bridge Group	Muriel Gell	Ext. 0814
Snooker	Graeme Adamson	Ext. 1446
Carpet Bowls (Men)	Gordon Paulett	Ext. 4246
Applewood Fellowship	Col Gosbel	Ext 1417
Table Tennis	Maggy Morris	Ext. 1476
Bingo	Keith Kemp	Ext. 0937
Pizza Night	Jan Rodier / Judy Parker	Ext 0805
U3A Movie Club	Rod Shield	Tel. 0413 883 524
Gardening Club	Richard Crosbie	Tel. 0417 168 605
Tai Chi & Qigong (Fee applies for class)	Margaret	Tel. 0413 332 123
Move to Music(Fee applies for class)	Kaye	Tel. 0415 528 032
Line Dancing (Fee applies for class)	Jo	Tel. 0407 828 056

MESSAGE FROM THE VILLAGE MANAGER



Dear Residents,

Welcome to the April edition of the Appleflash.

Welcome to the April edition of the 2026 Appleflash. We have had a fantastic first few weeks of autumn with warm weather. The 'What's on at Applewood' calendar is a great quick reference guide to find out what's on and where at Applewood.

Applewood MGP Clinic Flu Vaccinations

- This service has again been offered onsite by our MGP Clinic, on Saturday, 11 April 2026 & Saturday, 18 April 2026, from 1pm to 4pm. There are still many available bookings, should you wish to take advantage of this bulk-billed service. Please contact Applewood Reception by dialling 8, to book an appointment. Please see page 30 for further details.

Staffing Update - Last month, we farewelled Mel, our communications coordinator. Melissa Cutajar returned to the role in January 2024, publishing weekly communications, monthly Appleflash & calendar. I am sure you will all join me in thanking Melissa for her dedication and support to the team over the past couple of years, and in wishing her well in her future endeavours. Recruitment will commence in April.

I have some exciting news to share with you all. Over the past few months, I have been speaking with several members of the gardening and maintenance team about role changes, and I am pleased to share the following updates, effective immediately. Sol has accepted a P/T Gardener role,

Duncan has accepted a P/T Maintenance Bus Officer role, and Jordan has accepted a F/T Head Gardener role. I would like to thank Sol, Duncan & Jordan for their support, dedication and efforts over many years. Join me in congratulating them all on their new roles.

Half Yearly Village & CRF Budget Results Forum - Was held on Friday 6 March at 10:30am in the Activity Centre. Darren Lewis, our General Manager of Finance, presented the half-yearly results. If you were unable to attend and would like a copy of either the presentation or the results, please notify reception.

2025/26 Applewood Residents Survey

- will be sent out electronically to all residents whose email addresses we have on file early next week. If you are not on email, you will receive a hard copy delivered to your home and a reply pay envelope. The survey responses are confidential, and all surveys will be collated by head office. Your comments will help us make continuous improvements to our range of resident services, including staff training and development. As a reminder, please complete only one survey per dwelling. Look out for further information in the coming week. Thank you so much for your valuable feedback.

Lift Project - Minor adjustments, including a panel button upgrade, has been pushed out and will now be completed in April due to a manufacturing delay. I appreciate your patience during this project. Turn to the 'maintenance matters' section on page 11 & 12 for further project updates.

The Orchard Restaurant - The weekly updated autumn menu is in full swing. Why not book a table with a fellow resident, family, or friends? Continue to look out for weekly communications regarding The Orchard Restaurant. As always, we welcome all feedback on this essential service. It is because of this very feedback that we continue to improve on this service offering, so keep those suggestions coming! There are still spaces available for the March Easter Friday Nighters dinner; book in while you can!

Laps For Life - In loving memory of my nephew Julian, I'm again challenging myself to swim 31km during the month of March. Every day, one young person in Australia takes their own life; that's one too many. Please donate to my fundraising page and help ReachOut provide all young people in Australia with the support they need to be happy and well. Thank you to those who have already donated I have already raised \$2,158, \$158 over my adjusted goal! If you would like to sponsor and support my swim via my fundraising page: https://www.lapsforlife.com.au/fundraisers/johnsmrk/laps-for-life-2026?utm_source=mobileapp

Notable event in April 2026 to remember:

Anzac Day marks the anniversary of the first campaign that led to major casualties for Australian and New Zealand forces during the First World War. The acronym ANZAC stands for Australian and New Zealand Army Corps, whose soldiers were known as Anzacs falls on Saturday, 25 April. Please see page 13 or more information on Applewood commemoration details.

I hope you all have an enjoyable Easter weekend. Look out for our Easter helpers, who will be leaving a chocolate in your letterbox. On Anzac Day, let's pause and remember those who fought for us all.



**Applewood Village Manager
John Smrk**



Dear Residents,

As we settle into the second month of Autumn, we look at the lush green trees turning to red and then to gold. Soon the leaves will cover the pathways giving lots of work to our wonderful gardeners. We haven't had to turn on our heaters yet, but it won't be long before the change in seasons will be upon us.

Your Residents Committee has continued to focus on the restaurant after the outstanding review presented at the ARC January meeting by Rod Sinclair. It was decided to include a presentation by John Smrk at the ARC February meeting to include the new updated information available.

In December, Management had initiated a meeting of all Street and Apartment Co-ordinators for input into a survey which was distributed to just over 100 residents who participated in the regular dinners. Those residents who responded, as well as coordinators were invited to attend a feedback session on the results of the survey. The results received produced some valuable statistics currently being implemented into the strategic plan and ongoing management of the Restaurant. The menus, food quality and pricing was a focus of the survey with many participants providing valuable feedback.

For many, the restaurant provides a focal point for fellowship and entertainment within a community environment, management are constantly aware of meeting the needs of residents. Recently, there have been changes to the positions of waiting staff and to the Chefs position. Currently these positions are being reviewed and we will see new smiling faces assisting Steven in the near future.

We have been aware of the review to the Retirement Villages Act 1982, with the release of the new legislation due to be introduced on 1 May 2026. I have been advised, resident's existing contracts up to 1 May will not be affected. However, the changes which will be legislated from that date will apply to new residents.

We have invited a representative from Tigcorp to attend the ARC April meeting with manager John Smrk, to clarify how these changes will be communicated to all residents at Applewood. It is intended a general meeting will be scheduled prior to 1 May, at which time the changes will be highlighted and clarified. Management will announce the date and all residents are encouraged to attend.

Best Wishes to all for an enjoyable Easter break.

Ellen Boyd
ARC Chairman.



APPLEWOOD GARDEN CLUB

Do You Have Any Spare Pots?

The Applewood Garden Club is preparing for this year's Daffodil Day but we are short of pots. Do you have any 20cm (8 inch pots, image below) lying around, waiting for the next Hard Rubbish Day?



CAN WE PLEASE HAVE THEM?

COLLECTION POINTS FOR THE GARDEN POTS

Emerson Way and Grand Boulevard - Entrance
between front gate east side and map.

Thank You!

APRIL 2026 GARDEN UPDATE



Dear Residents,

As the temperatures slowly start to cool and the chances of lingering warmer days fade, Autumn is beginning to turn in full swing. The deciduous trees aren't yet having the chemical reaction to change their leaves to the beautiful Autumn Reds, Oranges and Ambers but we can expect the change to come in the coming weeks, and then we can expect the leaf fall.

With the cooler weather on its way the gardeners have begun the Autumn/Winter pruning and hedging of the larger shrubs, abundant hedges and bush roses around the village. This will continue over the next few months as we head into Winter and then turn our attention to the larger trees.

As well as the cooler weather allowing us to commence maintenance on Applewoods larger shrubs and established trees the gardening team can also start to think about further plantings and projects throughout the village, adding more diversity to Applewoods existing garden beds and further improvements on new garden beds as well.

The first of these plantings has been implemented in the central garden bed between Lockhart Lane and Barrington walk in the central corridor. The garden team has further improved the Tillea and Rhododendron bed with an understorey mass planting of hardy flowering perennials Ajuga reptans "Catlin's Giant, Geum hybrida "Scarlet Tempest" and Liriope muscavari "Monroe White" and Hydrangea paniculata "Hercules". This will create a dense "living mulch" cover in time to suppress weeds, promote biodiversity as well as adding further colour and interest to the central corridor garden beds. Expect to see a colour palette of Purples, White, Pinks, and soft Reds,

The arborists will continue to attend Applewood over the coming months as needed to carry out tree works of dead-wooding, thinning out canopies to provide more light and aeration, and height reduction,

they will also be inspecting trees to determine health and any surgery needed to ensure healthier growth and safety.

Adrian, Applewoods irrigation contractor has been continuing his maintenance and upgrades on the vast irrigation system we have running through the village, making sure the system works reliably and pressure remains consistent. Hopefully as the weather cools down we will see more rain as we head into the middle of Autumn and near Winter, the irrigation will continue to be used as needed to provide the adequate water requirements to keep the Applewood garden looking lush.

See you out in the gardens to enjoy some peace and quiet, fresh air and greenery.

Best wishes and a happy Easter to you all,
The Gardening Team.





BOOK REVIEW

"Six Days In Bombay" - by Alka Joshi

"Six Days in Bombay", set in the late 1930s, was inspired, so the writer says by reading about the life and early, (and mysterious) death of a famous Hungarian /Indian artist, Amrita Sher Gil. Although not lauded in her short lifetime, her paintings are highly valued (one sold in 2023 for \$7.4 million). Using the idea of such a Bohemian figure, Joshi weaves a story about a woman artist in hospital for the last week of her life, being cared for by an Anglo-Indian nurse, Sona. The novel looks sensitively at Indian society in that period, so that along with Sona's personal experiences we see how these six days change so dramatically the trajectory of her life. The novel will appeal to readers who enjoy looking at somewhere so different from ours in time and place, as well as watching Sona's struggle for a place in such a divided society. There is the caste system that keeps society so stratified that social advancement is hard to achieve; the British who are still in charge, often look down on the Indian colleagues-and for Anglo Indians, there is the experience of not fitting in to either part of society. Added to this there is corruption and nepotism.

This though is at its heart the story of a principled young woman, who makes a connexion with her patients and particularly with Mira, the painter. After her death a cloud hangs over our main character-her nursing ability brings jealousy and suspicion -she is after all an outsider, as was Mira because of her mixed race. Mira is particularly hard to know-her decision to charge Sona with delivery of three paintings to three friends across Europe is an unusual request. Does she want to give chances to Sona, who has so few opportunities? Does she have another agenda? The second half of the novel turns into a bit of a travelogue, with personal growth for our main character as she meets a range of those from Mira's past and eventually a happy ending! An easy read, though perhaps not as impressive as Joshi's first novel, "The Henna Artist"

While Indian born American writer ,Alka Joshi sets her novels in the thirties and fifties, some readers will remember John Master's novels of the 1950s, which brought such vivid and exciting pictures of India under the Raj-or seen the film of "Bhowani Junction" based on his novel set in the last hectic days of British rule, in 1947, and may also remember on our news services the dislocation and carnage which came with the partitioning of the subcontinent into the 3 countries we know today .While Master's focus was on wider historical and political upheavals, Joshi's novels are closely focussed on the personal lives of her characters in their environment.

This novel is from the Applewood Library.

Judy Nicholls
Applewood Resident

Upcoming works

Box Hill North, Blackburn North, Doncaster, Doncaster East, Donvale & Nunawading

BIG BUILD
EASTERN FREEWAY

Works Notification
March / April 2026

We're upgrading the Eastern Freeway with new express lanes, new Eastern Busway, smart technology and a connection to North East Link – slashing travel times and improving travel in Melbourne's east.

What we're doing

To create space for future construction activities, we're switching traffic onto new lanes and building temporary ramps at Middleborough and Springvale roads.

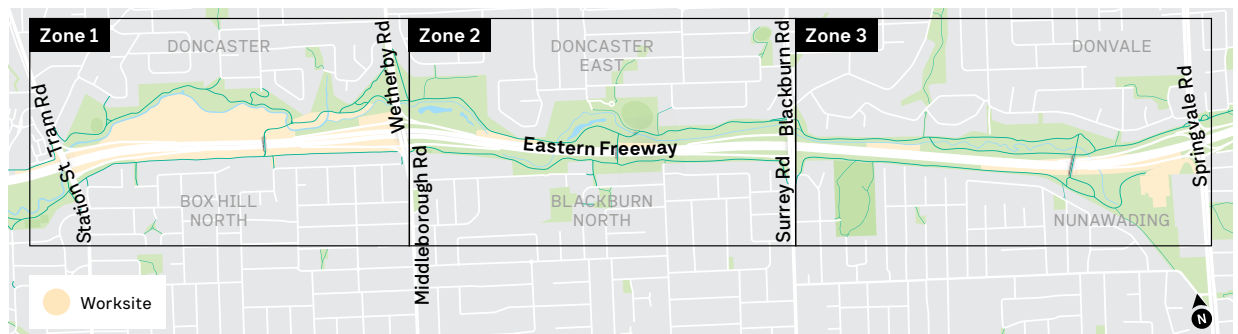
Works continue to build a construction compound in Junction Road Reserve, including hoarding installation and building access from the Springvale Road citybound entry ramp to keep construction vehicles off local roads.

Power and sewer utility relocation works continue between Tram and Springvale roads.

We're here to help

Call **1800 105 105** anytime or visit the Project Information Centre at **31–47 Joseph Street, Blackburn North**, Tuesday to Thursday, 9am to 3pm.

Sign up for email or SMS updates.



Upcoming disruptions

- Springvale Road citybound entry ramp closed from **9pm, Friday 27 March to 5am, Monday 30 March**
- Springvale Road citybound entry ramp closed from **10pm, Wednesday 8 April to 11.59pm, Friday 24 April**
- Koonung Creek Trail closed in sections, with long term diversions in place.

Schedule is subject to change.
Visit bigbuild.vic.gov.au/disruptions for changes.

When are we working?

- **Day works:** 7am to 6pm Monday to Friday and 7am to 1pm Saturdays.
- **Night works:** 7pm to 6am at times Monday to Sunday.

We use water carts, noise blankets and street sweepers wherever possible to reduce dust, mud tracking and noise while we work. We'll be in touch with impacted residents regarding specific times for construction activities.

Sign up for updates
bigbuild.vic.gov.au/roads-subscribe



APRIL 2026 SALES UPDATE

Hello from the Sales Team,

March has been a quiet month and no sales have been made for the month.

We have found when contacting clients that they are now very uncertain in the current economy with interest rate rises and the events of the world, and not wanting to put their houses on the market at this time, which the majority of people need to do so they can make the move to Applewood.

We attended the Retirement Living Expo at the Glen Waverley Novotel and March 19th & 20th where we showcased Applewood's fabulous gardens, facilities and available properties.

Could we also please ensure that friends and family do not park in the driveway of vacant properties, these properties are either sold or under refurbishment and on the market and we cannot have cars blocking access by parking in the driveway.

We hope you all have a Happy and safe Easter!

Helene & Heidi

Email: sales@applewood.com.au





IN FULL SWING

Plenty to update you all on this month, so I'll just jump straight into it.

GUTTER GUARD

We have selected and completed onboarding a second service provider to maintain our gutter guarded properties. We have also engaged a company to complete a drone photographic survey of all roofs, the intent of which is to audit & document the extent of gutter guarded sections for maintenance scheduling purposes. Please do not be alarmed when you see a drone flying around the grounds next week, it has been commissioned by us to do so.

Upon receiving the survey, we will formulate our schedule and work with both our existing and new provider to undertake those works. This will be a combination of deep cleaning and repairs to older gutter guard (lifting and reinstating) where necessary, in addition clearing of gutters and downpipes. Alternate years involve lighter surface clearing, in addition to gutter & downpipe clearances. The alternation of deep vs light cleaning will be rotated throughout the village on cycles. You will be contacted as to the timing of this if your property is a gutter-guarded villa.

GUTTER CLEANING

Gutter cleaning for non-gutter-guarded properties begins for the next group of properties in the second half of this month, again, Leanne will be in contact to advise attendance timing relating to this.

PIT CLEANING

Road reserve and kerb pit cleaning is drawing to close for the entire village within the next week, at which point smaller, garden-based pits will then begin.

The good news is the state of the drainage network overall is surprisingly good, with only three sections found to be heavily loaded with soil / debris build up. The section on the left-hand side of Grand Boulevard as you drive towards the roundabout, a section adjacent to Greengully / Michael Close and a section on Grand Boulevard / Treetop Views being the three. Between 1 - 1.5m² of soil was removed from each, the quality of which has been reported as ideal for veggie gardens, complete with their own worm farms! The removal of more than 20-years of build-up should get things flowing, literally.

The plumbers have reported the infrastructure as being in relatively good condition, and the size of the pipes significant, which they believe has led to less debris build up points than they expected.



Large mesh filters fitted within the pipes are functioning as they should apart from two, both now being replaced. A report is to follow with a small number of recommendations being made to bring everything up to optimal working condition.

PAINTING OF BALCONIES / PRIVACY SCREENS

Leanne reports only a half-dozen remaining properties to be completed. Should anyone feel painting work is needed on an external balcony pergola or privacy screen, please don't hesitate to contact her on ext. 1104.

CENTRAL CORRIDOR FOUNTAIN

You will notice our central corridor fountain has been looking a little worse for wear, with a leak the cause of its diminished state. We are currently exploring options to relining the fountain, to restore it to its former glory.

DOWNPIPES

Three people called to let us know they felt a downpipe or gutter needed clearing after last month's short-lived downpours, all of which have been cleared. Anytime you do see something looking more blocked than usual, don't hesitate to flag it with us.

LIGHTS

We began upgrading the exterior lights on the BBQ balcony and pond landing areas towards the end of last year. We have now purchased another 28 matching units to begin upgrading the remaining fittings to the exterior of the apartment building. With our newly certified roof anchor points, we are poised to begin the changeover of all these light fittings.

WRAP UP

Lots going on maintenance-wise, drones overhead, people in pits clearing, cleaning, repairing, gutter guard works set to increase, and the apartment building set to shine better light upon it all.

As always, thank you to those with eagle eyes who help to alert us to all that they see, it makes our job so much easier.

I hope you all enjoy a happy and safe Easter together, along with your families, surrounded by chocolate spoils and maybe a hot cross bun or two.

Cheers, Erin

WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS



Anzac Day At Applewood

Applewood will be commemorating Anzac Day 2026 with a service of remembrance for residents.

Please come and join us for this morning of reflection.

11:30 AM

Community Centre Lounge

FOR MORE INFORMATION CONTACT ROBERT WINTHER
ON 0419 573 812 OR EXT. 0890

APRIL 2026

SOCIAL EVENTS UPDATE



PLEASE REFER TO THE MONTHLY CALENDAR FOR ALL DATES. A snippet is below.

Details of each event may be found in individual ads elsewhere in Appleflash. Further details, including payment requirements, where applicable, appear at the top of each page in the sign-in book in the library. Please always check these and do not register anyone else without first gaining their permission.

APRIL 2026

Thursday 2	Men's Lunch	Brian Morris 0950
Wednesday 8	High Tea At the Windsor	Outing (Fully Booked)
Monday 13	Pizza Night	Jan Rodier / Judy Parker
Tuesday 14	A Swing Affair Karralyka	Performance
Wednesday 15	Applewood Fellowship	Activity Centre
Thursday 16	Ladies Lunch	Sign Up Sheet
Saturday 25	Applewood Anzac Service	Community Centre

MAY 2026

Thursday 7	Men's Lunch	Brian Morris 0950
Monday 11	Pizza Night	Jan Rodier / Judy Parker
Tuesday 12	Welsh Men's Choir - Karralyka	Performance
Wednesday 20	Applewood Fellowship	Activity Centre
Thursday 21	Ladies Lunch	Sign Up Sheet

Further information and details for signing up for events can be found in the library in the Theatre Bookings folder. The year of all Karralyka, The Round and Hamer Hall programmes are listed in the sign in book. Many more events to be found in the ads section of Appleflash.

SOCIAL COMMITTEE DISCLAIMER:

Please be aware that the resident/volunteer organisers, and others participating in social events are not trained to provide assistance with mobility and other health issues. We cannot be responsible for your welfare. If you choose to join events, you must be able to competently manage your own health issues including physical access using stairs, coaches and any other part of the event without assistance, or secure a place to bring your own carer to assist you if required. (Failure in this regard will result in forfeiting your attendance on the day at your expense).

Kind Regards,
Sonia Paulett (for the Social Events Group)



Applewood
Social Events Group

A Morning With Silvie

The Round
Tuesday 23 June 2026

See more information on this event in the Theatre Bookings folder in the Library.
Sign Up by Tuesday 28 April, 2026.
Bus leaves the Community Centre at 9.00am.



Me and Music

Applewood
Social Events Group

Hamer Hall
Monday July 20, 2026

See more information on this event in the Theatre Bookings folder in the Library.
Bookings Close 20 June, 2026.
Bus leaves the Community Centre at 9.30am.

APPLEWOOD

'GRUMPY OLD BLOKES'

COFFEE MORNING

Every Saturday at 10.30am
Applewood Community Centre
Ground Floor Lounge



COME & CATCH UP

APPLEWOOD

Ladies Coffee Morning

10:30am
Every Sunday

Community Centre Ground Floor Lounge



LIVE MUSIC

POP AND COUNTRY MUSIC

At Applewood



David Kelly

April 17, 2026

ONE FRIDAY EVERY MONTH 3pm - 4:30pm

Please come and support David and listen to music favorites

APPLEWOOD ACTIVITY CENTRE

Hope You Can Come and Enjoy

APPLEWOOD WATER AEROBICS

with Bridget White

MONDAYS 9.30AM
& FRIDAYS 1PM



No classes during school holidays.

Last Class: 30/3
Returning: 20/4

\$10 PER CLASS
EQUIPMENT PROVIDED

2026 APPLEWOOD
MEN'S LUNCH
 12 noon | Bar opens 11:30am
 BYO Wine - **FREE** Corkage
 Dining Room at The Orchard Restaurant
 Applewood Community Centre

THURSDAY APRIL 2 , 2026
AT 12PM
GUEST SPEAKER - RICHARD SLUGGETT

Your choice of Main for \$28
 1. Chicken Parmigiana with chips and salad
 2. Pan Crusted Salmon in a lemon butter sauce with a mixed salad

Dessert \$10
 Chocolate Brownie with a berry sauce



Co-ordinators: Brian Morris Ph 0950,
 Gordon Paulett Ph 4246, Ian Golding Ph 4238,
 Sign up in the library by no later than March 29



Ladies Lunch
 16 April | 12PM

YOUR CHOICE OF MAIN - \$26
 1. Flaked salmon salad with fresh vegetables, capers and parsley in a creamy lemon dressing
 2. Chef's feta and roasted vegetable pasta with cherry tomato

DESSERT - \$10
 1. Fresh mango trifle
 2. Trio of Icecream

Newcomers Welcome!

Creative Designs Group.

HANDMADE BY APPLEWOOD RESIDENTS.

APRIL WED 8 & 22
 1-3pm.
 Community Centre.
 Private Dining Room



CONTACT CHRIS GOSBELL EXT 1417

2026 APPLEWOOD

6PM

PIZZA NIGHT

2nd Monday of Every Month
 6pm. The Orchard Restaurant

Monday
 April 13, 2026

\$6 cash payable on the night.
 Please bring your own plates, utensils, drinks and glasses.



More Info: Jan Rodier Ext 0805 or Jude Parker Ext 0806

APPLEWOOD GYM

PERSONAL TRAINER

Ready to level up your fitness? Whether it's weight loss, muscle strength, better health, or learning to use the gym equipment properly, I'll create a plan tailored just for you!



SERVICES

- Customised Workout Plans
- One-on-One or Pair Sessions only
- AVAILABILITY - Tuesdays & Thursdays 10.30am - 12.30pm
- 30-minute **1 or 2 person/s sessions for \$50**

SCOTT AITCHISON

CONTACT:

thetrainingzone@hotmail.com

0499 988 066
(Text Only)

MOVE TO MUSIC

EVERY THURSDAY
9.15-10.15AM
APPLEWOOD ACTIVITY CENTRE
BOOKINGS KAYE DUFFELL
TEL 0415 528 032

GET FIT AND HAVE FUN!

Applewood Beauty

MARY MAATOUK

By appointment only
Contact Mary Maatouk
Tel: 0403 680 011

CLOSED

No services for April 2026
Refer to Event Calendar (May 2026)

APPLEWOOD HAIR STUDIO

Our Services
Ladies and Men's Style
Cuts, Foils, Color Service,
Blowdry, Treatments.

2025 Open - Wednesday & Thursday
Bookings by Appointment Only
T: Melissa Sawyer on 0407 522 196

FRIDAY NIGHTERS DINNER

FRIDAY APRIL 10 FROM 6pm

YOUR CHOICE OF TWO COURSES
PLUS A \$5 ENTERTAINMENT LEVY

MAINS

Slow cooked lamb shoulder with rosemary pesto, potato gratin, minted peas & roasted carrots - \$45 with dessert

OR

Baked snapper served with a cucumber and preserved lemon salad - \$47 with dessert

DESSERTS

Warm glazed carrot cake served with cinnamon ice cream

OR

Layered lemon cheesecake mousse

**SIGN UP BY 10AM FRIDAY 3RD APRIL -
FULL CANCELLATION FEES APPLY THEREAFTER**



APPLEWOOD TABLE TENNIS

EVERY TUES & THURS 2-3.30PM

Applewood Activity Centre

We usually play doubles and have a lot of fun.
We would love to meet you!
Come along.

ANY RESIDENT OF ANY PLAYING LEVEL IS WELCOME.



CONTACT - MAGGY MORRIS ON EXT: 1476



APPLEWOOD CRAFT GROUP

*All Craft Ladies
Welcome*



**Every Monday
1pm - 3pm**

**Applewood
Community Centre
First Floor Lounge**


Enquiries: Di Lambley ext 1473 or
Gladys Wilson ext 4211



Tai Chi & Qigong at Applewood

**EVERY WEDNESDAY
APPLEWOOD ACTIVITY CENTRE**

10 & 10:30AM
BOOKINGS - MARGARET
TEL 0413 332123



SNOOKER

AT APPLEWOOD

SNOOKER GAMES
EVERY TUESDAY 9AM
EVERY FRIDAY 1.30PM

COMMUNITY CENTRE
LOWER GROUND FLOOR

●●●●●●●●●●

LOTS OF TALK & TIME TO CHALK!



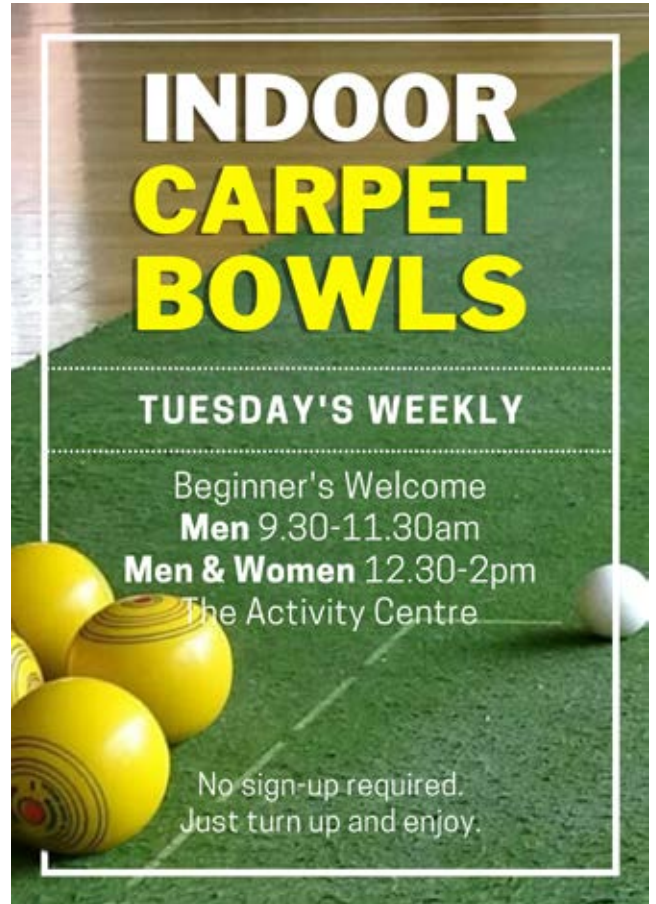
**APPLEWOOD
LAWN
BOWLERS**

TURN UP AND HAVE SOME FUN!

JOIN APPLEWOOD BOWLERS!
THUR 9:30am-11.30am

WEATHER PERMITTING

Three lawn bowling balls (two black with yellow rings, one white) on a green lawn under a blue sky with clouds.



**INDOOR
CARPET
BOWLS**

TUESDAY'S WEEKLY

Beginner's Welcome
Men 9.30-11.30am
Men & Women 12.30-2pm
The Activity Centre

No sign-up required.
Just turn up and enjoy.

Several yellow and white carpet bowls on a green artificial turf surface.



**APPLEWOOD
FELLOWSHIP**
Meeting

ENJOY FELLOWSHIP
AND AFTERNOON TEA
IN A FRIENDLY,
WELCOMING COMMUNITY

WEDNESDAY APRIL 15, 2026
THE ACTIVITIES CENTRE
3.15 TILL 4.15PM
SPEAKER – HELEN PARKER
FROM THE "BABES" ORGANISATION)



ALL WELCOME

CONTACT COL GOSBELL EXT 1417

Stained glass window background.



Applewood

POOL

Billiard Room

**ALL LADIES ARE
WELCOME TO PLAY
POOL-ANY SKILL
LEVEL-OR JUST COME
BY TO WATCH AND
CHAT!**

**SATURDAYS
1:30PM**

For more information contact
Lee Fanning Ext 4235

Billiard balls and a cue on a pool table background.



APPLEWOOD
Rummikub
BRINGS PEOPLE TOGETHER

NEW MEMBERS WELCOME
Tues, Thurs, Sat Weekly at 2pm
Applewood Community Centre
Level 1 Lounge



HAVE YOU PLAYED BRIDGE?

The Applewood Bridge Club welcomes new members, either by yourself or with your bridge partner.

Every Monday starting at 6.45pm
Applewood Community Centre
Level 1 Lounge

Contact Ruth Bunyan 0946 or Muriel Gell 0814 for more information



**Come and join us
for Solo Cards**

We meet every Wednesday
12.30 - 3.30pm
Applewood Community Centre
Level One Lounge

CONTACT - DI LAMBLEY ON EXT: 1473



**MAH-JONG AT
APPLEWOOD**

**MONDAYS &
SATURDAYS
WEEKLY**

1pm - 3pm
**The Orchard
Restaurant & Bar**

We hope to see you there!
For more information - Helen Proctor
Tel: 0917

Applewood Craft Group

All proceeds support Cottage By The Sea

Winter Warmers Craft Stall



Save The Date!

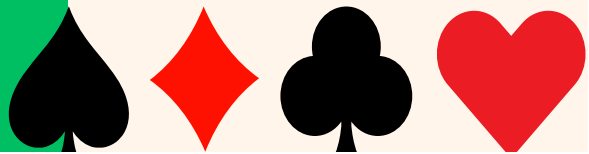
Thursday
May 21, 2026
10am - 2pm
Community Centre

Unique Handmade Knitwear and So Much More!

Come and play 500 cards at Applewood!

Every Second Wednesday of the Month
Private Dining Room 7pm - 10pm

Contact - Joady Barnes ext. 1038





Proud Mary Presentation at Applewood

Thursday April 9, 2026 - 10am

Applewood Community Centre - Level 1, Lounge

Come and learn all about Proud Mary's Cruise of a Lifetime on South Australia's Murray River.

Morning Tea Provided.

Sign Up in the Library.





APPLEWOOD

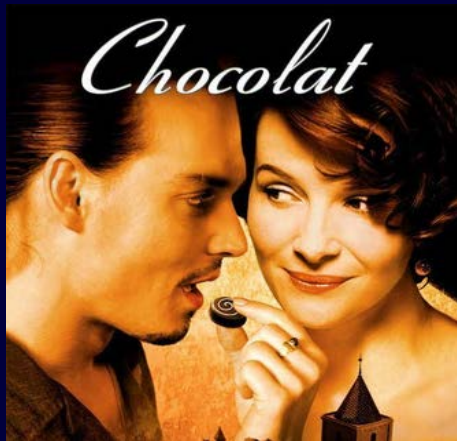
LEVEL 1 MOVIE NIGHT

LEVEL 1 LOUNGE

**EVERY
WEDNESDAY**

6:45 PM

APRIL 2026 MOVIES



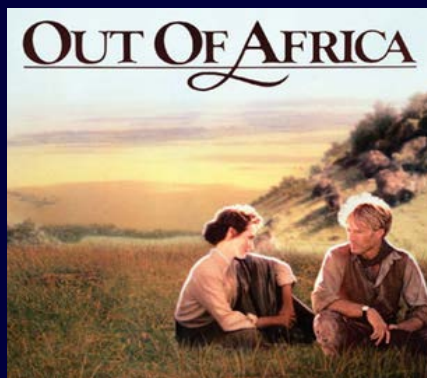
APR 1



APR 8



APR 15



APR 22



APR 29

WHAT'S ON AT APPLEWOOD?



THE ORCHARD
AT APPLEWOOD

OPEN
TUESDAY & FRIDAYS
*EXCEPT PUBLIC HOLIDAYS & FRIDAY NIGHTER'S EVENTS

HAPPY HOUR 4-6pm
DINNER 6pm Onwards




APPLEWOOD

Easter

**PUBLIC HOLIDAYS
OFFICE CLOSED
(ERO ONSITE)**

**GOOD FRIDAY
3 APRIL**
**EASTER MONDAY
6 APRIL**

Time to Shop!



APPLEWOOD BUS SERVICE

Visiting Westfield, The Pines and Blackburn Square every Tuesday & Thursday from the Applewood Community Centre.

Book at Reception

PRIVATE FUNCTIONS AT APPLEWOOD

Book your next function or birthday celebration with family and friends at Applewood!



Areas Available for booking

- ✔ Private Dining Room
- ✔ New Enclosed Heated Balcony!
- ✔ BBQ Area
- ✔ Level One Lounge
- ✔ Applewood Activity Centre

To Book Contact Applewood Reception

Bring a friend!

Cabella Mia

Join Georgia & Lily for a mini parade showing the latest in the 'Cabella Mia' Autumn range. Included in this fun fashion event Georgia demonstrates easy scarf techniques that will complete the various winter looks!



All the basics to wear including:
**Tops, shirting, knitwear,
vests, pants, jackets
& outerwear**

When. Friday April 24, 2026

Time. 2pm

Where. Applewood Activity Centre

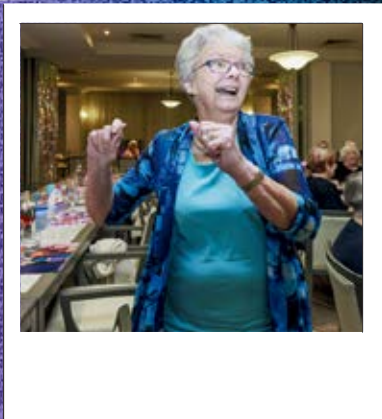
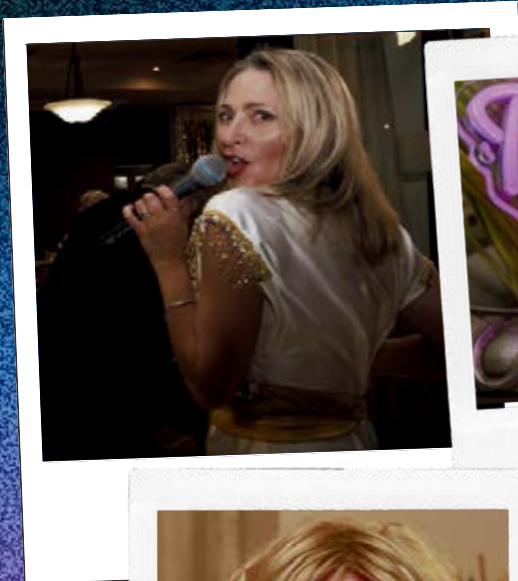
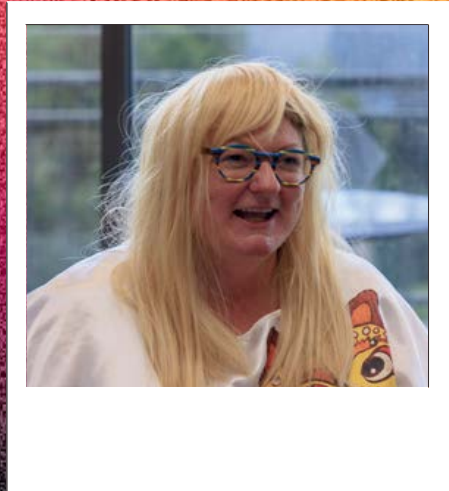
RSVP. Sign Up In The Library

Door Prizes
Drawn on the day!

Items are for sale with Credit card, EFTPOS & Cash facilities available

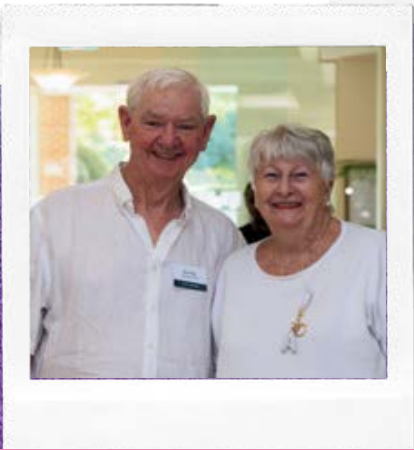
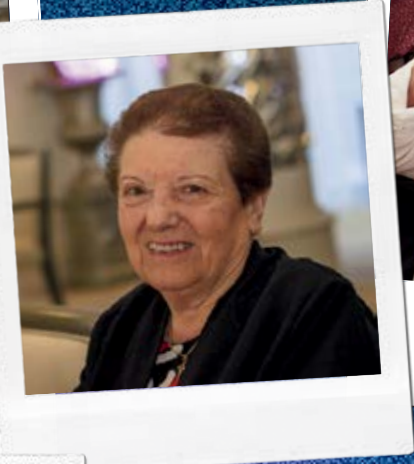


FRIDAY NIGHTERS BABBA



All Photographs Available on the Resident Portal

FRIDAY NIGHTERS
BABBA



All Photographs Available on the Resident Portal



MGP MANNINGHAM

Get the covid & flu Vaccine

Manningham General Practice will be offering FREE Covid & Flu vaccinations for residents at Applewood.

When?
Saturday April 11 2026
& Saturday April 18 2026

Time 1-4pm

For bookings call Applewood Reception



Ian Gill Physiotherapy


Ian Gill is an Australian-based health professional. Ian is trained as a **Physiotherapist** and practices at Applewood on the following days.

By appointment only

- Tuesdays
- Thursdays
- Saturdays

IAN GILL
0407 850 899

APPLEWOOD CONSULTING SUITES





Applewood Manningham Podiatry

Deborah
B.Pod, MA, Pod.A Podiatrist

Consulting at Applewood every
 Wednesday 9.20am - 2.40pm

Bookings by appointment only
 on 9850 1004.

Manningham General Practice

Applewood Consulting Days
 Tuesday's & Friday's 9am to 12pm

To book, call 8840 1400



Classic Choruses



Messiah

Elijah

The Creation

St John Passion

Carmina Burana

& more

Heidelberg Choral Society

Conducted by Peter Bandy

Teresa Ingrilli soprano
Joseph Hie keyboard

Kathryn Pisani keyboard
plus brass & timpani

Sunday 19 April 2026 | 2.30pm

Performing Arts Centre, Ivanhoe Girls' Grammar School
cnr Noel St and Upper Heidelberg Rd, Ivanhoe



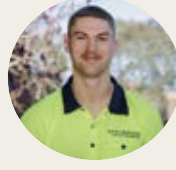
Tickets
\$70 / \$65 conc / \$45 student
www.trybooking.com/DJFGD

www.hcs.asn.au

YOUR APPLEWOOD CONTACTS



John Smrk
Village Manager
Ext.1102
e: jsmrk@applewood.com.au



Felix Fogaty
Gardener (L)
Katrina Burke
Gardener (R)



Erin Geraghty
Assistant Manager / Resident Liaison
Ext.1116
e: egeraghty@applewood.com.au



Sol Dabooyeh
P/T Gardener (L)
Sam Scobie



Juana Gomez
Reception / Admin Assistant
Ext.1100 or dial 8
e: jgomez@applewood.com.au



Lyndel Olsen
Emergency Response Officer



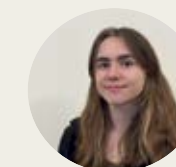
Linda Rallakis
Accounts Coordinator
Ext.1114
lrallakis@applewood.com.au.



Jason Chen
Emergency Response Officer



Leanne Reynolds
Administration Coordinator
Ext.1104
e: lreynolds@applewood.com.au



Gracie Jackson
Emergency Response Officer



Helene Kamieth
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Bhav Grewal
Emergency Response Officer



Heidi Pratt
Property Consultant
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e: hpratt@applewood.com.au



Viviana Mayorga
Emergency Response Officer



Jordan Lucia
Head Gardener



Sally Teo (L)
Leila Bermar (R)
Emergency Response Officer



Duncan Cuthbert
Maintenance Bus Officer