

appleflash

EDITION 3. MARCH 2026



Autumn Is Starting at Applewood

IN THE MARCH EDITION

<u>Important Contacts / ARC</u>	2	<u>Beyond Age Project</u>	13
<u>Event Coordinators Directory</u>	2	<u>Social Committee Update</u>	14
<u>From the Village Manager</u>	3	<u>What's on at Applewood</u>	16
<u>ARC Update</u>	5	<u>High Tea Outing</u>	19
<u>Footy Tipping</u>	6	<u>What's on at Applewood</u>	20
<u>Book Review</u>	8	<u>Level 1 Movie Night</u>	25
<u>Rob Winther Award</u>	9	<u>U3A Movies March</u>	27
<u>Sales Update</u>	10	<u>Friday Nighter's Collage</u>	28
<u>Maintenance Matters</u>	11	<u>Applewood Contacts</u>	32

Contact us



Reception & Comms Email:
reception@applewood.com.au
communications@applewood.com.au



Address:
5 Grand Boulevard
Doncaster VIC 3108



Web:
applewood.com.au



Resident Portal:
applewood.com.au/login
Email - your email address
Password: Applewood2022



Phone:
Internal dial 8
External (03) 8848 1100



Facebook:
ApplewoodRetirement

Restaurant - The Orchard at Applewood

Tuesday and Friday's only. Internal extension 1121 or external call (03) 8848 1121

Applewood Services:

Applewood Bus (Shopping) (Booking required)	Reception	Int 8 / Ext (03) 8848 1100
Applewood Hair Studio (By appointment only)	Melissa	Tel. 0407 522 196
Applewood Beauty (By appointment only)	Mary	Tel. 0403 680 011
Podiatrist (Appointment required)	Podiatrist	Tel. (03) 9850 1004
Physio (Appointment required)	Ian Gill	Tel. 0407 850 899
Manningham General Practice (MGP) (Appointment required)	MGP	Tel. (03) 8840 1400
Gymnasium (Booking required)	Reception	Int 8 / Ext (03) 8848 1100

Applewood Swimming Pool & Spa (No booking required). Note: During School holidays grandchildren are allowed to use the pool between the hours of 12pm-4pm

Inhouse TV: Channels 997, 998 (Applewood Notice Channels)

Library: Borrow Books, DVDs, Jigsaws, Computer use (also in Level 1 Lounge), Activity Sign-in Book & Notices

APPLEWOOD RESIDENTS COMMITTEE (ARC)

Secretary Geoff Dreher Email: gdreher@bigpond.net.au

EVENT COORDINATORS DIRECTORY - APPLEWOOD SOCIAL ACTIVITIES

Karralyka Theatre / The Round	Sonia Paulett	Ext. 4246
Mah-Jong	Helen Proctor	Ext. 0917
Mens Coffee Morning 'Grumpy Old Men'	Bob Slater	Ext. 1414
Ladies Coffee Morning	Ellen Boyd	Ext. 1452
Solo Cards	Di Lambley	Ext. 1473
Rummikub	Noni Strauss	Ext. 0930
Applewood Craft Group	Di Lambley	Ext. 1473
Creative Cards Group	Chris Gosbell	Ext. 1417
Bridge Group	Muriel Gell	Ext. 0814
Snooker	Graeme Adamson	Ext. 1446
Carpet Bowls (Men)	Gordon Paulett	Ext. 4246
Lawn Bowls (Men)	Neil English	Ext. 6549
Table Tennis	Maggy Morris	Ext. 1476
Bingo	Keith Kemp	Ext. 0937
Pizza Night	Jan Rodier / Judy Parker	Ext 0805
U3A Movie Club	Rod Shield	Tel. 0413 883 524
Gardening Club	Richard Crosbie	Tel. 0417 168 605
Tai Chi & Qigong (Fee applies for class)	Margaret	Tel. 0413 332 123
Move to Music(Fee applies for class)	Kaye	Tel. 0415 528 032
Line Dancing (Fee applies for class)	Jo	Tel. 0407 828 056

MESSAGE FROM THE VILLAGE MANAGER



Dear Residents,

Welcome to the March edition of the Appleflash.

March marks the end of summer and the start of autumn, with some of our beautiful Applewood trees having already started to drop their leaves. The 'What's on at Applewood' calendar is a great quick reference guide to find out 'what's on and where' at Applewood.

Staffing Update - Last month, we farewelled one of our EROs, Joshua Chang, who has been working as a paramedic for the last six months; I am sure you will all join me in thanking Joshua for his dedication and support to the team over the past four years and wish him well in her future endeavours.

Thank you - Thank you to everyone who sent messages and emails of congratulations. I am truly grateful to have such a wonderful team around me and to the residents who took the time to send messages; they truly made my day! I am so proud to have won this for Applewood and look forward to the Nationals in June 2026.

Applewood Footy Tipping Competition Reminder - The 2026 AFL season is less than a week away, with Round 1 commencing on Thursday, March 5, 2026. The cost to enter the entire season is \$20 per person. Current paid tally is 70PAX! You must join by **Thursday, March 5**, to be eligible to play, as the first game is that night. The Applewood Footy Tipping competition is being run online through ESPN Footytips. Please refer to the recent communications sent on Friday, January 30, for details on how to join.

Please contact the office if you experience any issues.

Half Yearly Village & CRF Budget Results Forum - Friday 6 March at 10:30am in the Activity Centre. Darren Lewis, our General Manager of Finance, will present the half-yearly results. If you'd like to attend, please add your name to the list in the library.

2025/26 Applewood Residents Survey - will be sent out electronically to all residents whose email addresses we have on file this month. If you are not on email, you will receive a hard copy delivered to your home and a reply pay envelope. The survey responses are confidential, and all surveys will be collated by head office. Your comments will help us make continuous improvements to our range of resident services, including staff training and development. As a reminder, please complete only one survey per dwelling. Look out for further information in the coming week. Thank you so much for your valuable feedback.

Returning from absence/hospital - Please advise reception upon your return if you are returning earlier or later than advised. This will ensure our records are as accurate as possible in case of an emergency.

Lift Project - Minor adjustments, including a panel button upgrade, will be completed now in March, due to a manufacturing delay. I appreciate your patience during this project. Turn to the 'maintenance matters' section on page 11 for further project updates.

The Orchard Restaurant - The weekly updated summer menu is in full swing. Why not book a table with a fellow resident, family, or friends? Continue to look out for weekly communications regarding The Orchard Restaurant. As always, we welcome all feedback on this essential service. It is because of this very feedback that we continue to improve on this service offering, so keep those suggestions coming! There are still spaces available for the February 70's BABBA Friday Nighters dinner; book in while you can! Limited places available!

Laps For Life - In loving memory of my nephew Julian, I'm again challenging myself to swim 31km during the month of March. Every day, one young person in Australia takes their own life; that's one too many. Please donate to my fundraising page and help ReachOut provide all young people in Australia with the support they need to be happy and well. Thank you to those who have already donated I have already raised \$1,324, and am only \$676 shy of my goal! If you would like to sponsor and support my swim via my fundraising page: https://www.lapsforlife.com.au/fundraisers/johnsmrk/laps-for-life-2026?utm_source=mobileapp

Notable event in March 2026 to remember:

This year, Labour Day for Victorians falls on Monday, 9 March. Labour Day is an annual public holiday celebrating the eight-hour working day, a victory for workers in the mid-late 19th century.

Saint Patrick's Day, or the Feast of Saint Patrick, is fast approaching. This year, it will fall on Monday, March 17.

I look forward to yet another busy month ahead at Applewood.



**Applewood Village Manager
John Smrk**

**LABOUR DAY
PUBLIC HOLIDAY**

**Monday March 9, 2026
ERO On Site**

Dear Residents,

Here we are at March already. The cricket season and tennis are now a memory of the past and football is on our minds, albeit for only some of us. Don't buy your Easter eggs too early they might melt, but the hot cross buns have been available from Boxing Day.

The Applewood Residents Committee extended an invitation to Rod Sinclair, who attended the February meeting as a Specialist Advisor and spoke to his document he had prepared on the Restaurant.

Our Orchard restaurant has undergone many reviews and surveys over the years. The recent changes and the major events have encouraged residents to continue to enjoy the entertainment and fellowship provided by the Management.

The ARC is committed and will continue to monitor the wide range of menus and services provided, to ensure it meets the needs of all residents. If you haven't visited the wonderful space extended now into the balcony, we encourage you to do so.

The Tram Road entrance and exit continues to be a major concern to ensure the ongoing safety of our residents. There has been a lot of work done by the Property and Infrastructure Committee to investigate the installation of an overhead set of lights which are more identifiable by the traffic travelling towards the freeway. It has been discussed, the installation of a red light camera may deter those vehicles who run through the red lights at times.

We continue to welcome new residents to our Applewood Village. There is a degree of excitement as they settle into their new villa or apartment. There appears to be a waiting list for some of those larger homes while some couples are prepared to wait for a villa to become available.

Should you be in a situation where you would consider relocating into a smaller villa or apartment, management or sales staff would be pleased to discuss this matter with you. A member of your Residents Committee can also assist by supporting you with this decision.

Congratulations to our Manager John Smrk for reaching the selected group of Victorian finalist nominated for the Retirement Village Manager of the year. On 24 February it was announced John was successful as the winner of this highly sought after award. He will now participate as the Victorian representative in the National Retirement Village Manager of the year, where judging will be held in Queensland in June.

Well done John, all Residents here at Applewood know how committed you are and very proud of your achievement. We wish you well for the National award.

Ellen Boyd
ARC Chairman.

LAST CHANCE



Applewood 2026 Footy Tipping Competition

The 2026 AFL season gets underway in less than a week with Round 1 commencing on **Thursday March 5, 2025**.

This is your LAST CHANCE to join us in the Applewood Footy Tipping competition.

Cost of entry for the entire season is \$20 per person and you must join by Thursday 6th March to be eligible to play as the first game is on that night.

WE NOW HAVE 70 ENTRIES! PRIZE POOL - APPROX \$2070

If the goal of 40 entries is achieved, Applewood will add \$10 for every entry from this year's Pie Drive funds to bolster the prize pool - The minimum of 40 entries must be reached to effect this.

How to join?

The Applewood Footy Tipping competition is being run online through ESPN Footytips.

An email with further information and links to join the competition was sent to all residents on Friday January 30, 2026.

MARCH 2026 GARDEN UPDATE



Dear Residents,

With Summer drawing to a close and we approach the beginning of March the gardens at Applewood will hopefully be able to start enjoying milder weather conditions heading into the coolness of autumn after struggling to maintain their greenery, vigour and lustre through some very hot and stormy conditions in the past few months. It was very noticeable that some plants were suffering from excessive sunburn to the foliage when the temperature was climbing into the high thirties and occasionally low forties for several days but with a light prune most of the evergreen plants will flourish with new leaf growth while the deciduous plants will soon discard the old burnt leaves while they are senescing in readiness for the dormant period in the months to come.

Some of the older Eucalyptus (now named the Corymbia species) trees at Applewood were being assessed by the arbourists during February to determine whether they should have the restraining ropes replaced or tightened to help preserve the timber, longevity and safety of the tree. All the large trees at Applewood are recorded and mapped annually for continuous monitoring of their condition for health and safety reasons.

With the construction of the NEL close to Applewood and the loss of habitat along the disturbed freeway the number of marsupials, (along with an infestation of insect pests), has increased in the gardens due to an abundance of food and shelter. We are mitigating some of these issues by providing boxes for shelter to keep them away from residential buildings and providing more native plant habitats to encourage them to eat less of the ornamental, exotic and introduced species we have throughout the village.

Also, more sections of older native hedging material will be progressively pruned back or replaced in the months to come as the weather begins to cool down.

Many of these older hedges have grown very thin over time and whilst some varieties respond well to a hard prune others have come to the end of their expected life span of providing privacy, habitat, greenery and colour as well as being very useful in partitioning the different sections of the garden layout.

Adrian our irrigation contractor will continue to upgrade and maintain the vast system, (which has been continually operating during summer) throughout the village into March to make sure water is still delivered to garden beds and lawns for the beginning of Autumn as we could experience the hot and dry conditions we had in previous months with below average rainfall (only 20ml at Applewood since X-mas). This cooler time of year also allows us to resume new plantings around the village to fill out bare spots in common areas as well as improving villa gardens, top dressing lawns replanting old areas and general fertilising.

See you out in the gardens to enjoy some peace and quiet, fresh air and greenery.

Best wishes,
The Gardening Team.





BOOK REVIEW

“The Artist”. By Lucy Steeds

I loved this book! A first novel by Lucy Steeds: the structure, her ability to create both time and place, main characters who were “real” and engaging and her assured prose captivated me. The writing, often in the present tense draws one in. The novel has such a lush setting—summer in Provence is beautifully conjured, the village, the markets, the food and the Art!

“All he wants is to eat peaches and melon slices and little French cheeses and anchovies and apricots on the terrace for the rest of his life.” So muses Joseph. But the atmosphere in the remote farmhouse is tense and at times claustrophobic.

And there are so many themes explored! As we read, we learn to see and question the creation of art and how it may control the lives of those who live with the artist – who is “the person who makes the studio turn on its axis”? Echoes of Anna Funder’s “Wifedom.” As well, it looks at past trauma and how this affects choices people make. It looks at the development of trust and love. The novel has mystery, intrigue and the exploration of a developing trust and love between two wounded people. Ettie and Joseph are drawn so well, the reader comes to care for them and to hope for good outcomes.

Set in 1920, the pain and suffering of the Great War hangs heavily on Joseph, a young writer who has come to interview a reclusive renowned artist for an English art magazine, and on Ettie, the artist’s niece, housekeeper and indeed the one who allows her uncle to live as he does. It is as if we readers are travelling and learning, and with mostly, alternate chapters from each character’s point of view, to discover , along with each, the kind of person they are, their motivations, challenges, and strengths, their needs - as well as what is happening at the time.

This is not a page turner in the usual sense-it is more like a journey as we get to know the characters. The novel is complex and the reader needs to concentrate but it is so rewarding! The prologue is intriguing -but don’t worry-all beautifully comes together in a satisfying conclusion. Worth staying up late to finish! The novel was named as a nominee for the Women’s prize for 2025 and as Waterson’s outstanding novel for 2025.

Judy Nicholls
Applewood Resident

BREAKING NEWS

Prime Minister Honors Robert Winther for Decades of Service



Last week Robert Winther (Applewood resident) was celebrated for his 60 years of service at the Repat (Austin Hospital). A remarkable milestone for a man who has shaped the heart and heritage of the Heidelberg Repatriation Hospital.

Robert began his career in February 1966, inspired by the support his family received from Legacy after his father, a WWII Kokoda veteran, passed away.

Over six decades, Robert has become far more than any one title can describe. He's a trusted guide for veterans and families, a custodian of the Repat's history, and a colleague known for his compassion, humour and tireless dedication.

Hundreds turned out to celebrate with Robert, including Prime Minister Anthony Albanese who presented him with his service award and Member for Jagajaga Kate Thwaites MP.

Congratulations Robert!

MARCH 2026 SALES UPDATE

Hello from the Sales Team,

We have sold 2 properties for the month of February, 1 Sandpiper Lane and 4 Parkhurst Mews, and currently we have 2 properties available 3 Tollora Walk and 9 Emmerson.

In March sales will be attending the Retirement Living Expo at the Novotel Hotel in Glen Waverley where we can showcase Applewood and encourage people to come and inspect the village and facilities.

Helene & Heidi

Email: sales@applewood.com.au



The Melbourne Retirement Village & Resort Expo





IT'S WELL AND TRULY SUMMER

GUTTER CLEANING

Properties across the village are divided into two separate cleaning schedules, those with gutter guard installed and those without gutter guard installed. Properties with gutter guard have to be cleaned by a gutter guard specialist, not our roofing plumber because gutter guard has to be lifted, cleared out, and rebedded in with mortar post-clean. Interim cleans take place that don't require mesh lifting, but sometimes small sections might require more intensive, specialised cleaning.

There are differing views out there about gutter guard, however, due to the realities of large volume dropping debris trees such as gums, we have it on select properties to prevent the perpetual inundation of leaf debris working its way **quickly** into smaller tile cavities along valleys, an issue often causing water ingress issues. Without gutter guard, we would have some properties requiring monthly cleans. The product is designed to hold the majority of leaf litter out & above the at-risk locations, reducing the need for frequent clearing. It does not irradicate cleaning, it simply reduces the frequency requirement and most importantly, risk of water ingress.

This dry summer places trees under stress, the result being increased leaf drop and sometimes even limb loss. We feel the volume of work we need to undertake at the moment is greater and as such, we are currently looking to increase gutter guard maintenance through adding a second service provider. We are currently reviewing this. In line with this and the huge volume of water that dropped over the last week, leaf drop may have washed very quickly into rainheads... should anyone notice changed performance in a rainhead or downpipe, feel free to flag it to us.

Non gutter guard properties are tended to by our roof plumbing schedule, with the next group of homes due to be undertaken this month. Leanne advises residents when their clean is due to take place.

IRRIGATION

Duncan, Jordan and the team have been undertaking reviews of some irrigation areas appearing to have insufficient water pressure, this too is a work in progress as they eliminate potential causes. Any irrigation heads watering driveways or roads, do flag with reception so we can tend to that too.

Cheers, Erin

WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS

BIG BUILD

EASTERN FREEWAY

Upcoming Works - March 2026

Between Elgar Road and Tram Road

From early-March to mid-2026, we'll work in stages day and night, including Saturday and Sundays, to build new noise walls and upgrade the freeway.

Works will include:

- piling to create concrete foundations for the new noise walls
- mobilising a 250-tonne and 100-tonne crane to install 225 concrete culverts
- completing earthworks
- removing excavated materials from site
- rock breaking for up to two weeks in March, 7am to 10pm, Monday to Friday
- installing underground cabling for new on-road technology and street lighting.

Sargent Street

As part of the Eastern Freeway Upgrades, we'll continue to demolish the base of the existing concrete noise wall within our Sargent Street worksite. These works will be undertaken on Saturday 28 February between 7am and 5pm and on Sunday 1 March between 7am and 3pm. During these works you may notice low to medium levels of noise from machinery and equipment during these works which will be managed in accordance with the project's structural Environmental Performance Requirements.

For more information call 1800 105 105.



Beyond Age Project

Expressions of interest

Celebrate the stories, voices and spirit that shape who we are.

We're inviting community members aged 60+ to take part in Beyond Age, a creative workshop series ahead of World Elder Abuse Awareness Day 2026.

Participants will reflect on their journeys and share advice for their younger selves. Their contributions will become part of a shared community exhibition.

Everyone is welcome, and bringing a photo is optional.

Selected participants will be contacted with further details.

- Monday 23 March 2026, 10:00am to 12:00pm
- Manningham Function Centre, 699 Doncaster Road, Doncaster

For more information or to express your interest, call the Healthy Ageing Team on 9840 9230 or email healthyageing@manningham.vic.gov.au

Scan to register



manningham.vic.gov.au/form/beyond-age-eoi

MARCH 2026

SOCIAL EVENTS UPDATE



PLEASE REFER TO THE MONTHLY CALENDAR FOR ALL DATES. A snippet is below.

Details of each event may be found in individual ads elsewhere in Appleflash. Further details, including payment requirements, where applicable, appear at the top of each page in the sign-in book in the library. Please always check these and do not register anyone else without first gaining their permission.

MARCH 2026

Thursday 5	Men's Lunch	Brian Morris 0950
Monday 9	Pizza Night	Jan Rodier / Judy Parker
Monday 9	Labor Day Public Holiday	Office Closed / ERO Onsite
Tuesday 17	A Swing Affair Karralyka	Performance
Wednesday 18	Applewood Fellowship	Activity Centre
Thursday 19	Ladies Lunch	Sign Up Sheet

APRIL 2026

Thursday 2	Men's Lunch	Brian Morris 0950
Wednesday 8	High Tea & Parliament House Tour	Sign Up Sheet
Monday 13	Pizza Night	Jan Rodier / Judy Parker
Tuesday 14	They Sang at Carnegie Hall - Karralyka	Performance
Wednesday 15	Applewood Fellowship	Activity Centre
Thursday 16	Ladies Lunch	Sign Up Sheet

Further information and details for signing up for events can be found in the library in the Theatre Bookings folder. The year of all Karralyka, The Round and Hamer Hall programmes are listed in the sign in book. Many more events to be found in the ads section of Appleflash.

SOCIAL COMMITTEE DISCLAIMER:

Please be aware that the resident/volunteer organisers, and others participating in social events are not trained to provide assistance with mobility and other health issues. We cannot be responsible for your welfare. If you choose to join events, you must be able to competently manage your own health issues including physical access using stairs, coaches and any other part of the event without assistance, or secure a place to bring your own carer to assist you if required. (Failure in this regard will result in forfeiting your attendance on the day at your expense).

Kind Regards,
Sonia Paulett (for the Social Events Group)

Melbourne Welsh Choir

Applewood
Social Events Group



**DON'T
MISS
OUT!**

Karralyka Theatre Tuesday May 12, 2026

Cost \$35 Bus Travellers / Independent Travellers \$35
Sign Up by Tuesday March 17, 2026.

Bus leaves the Community Centre at 9.00am.

More information on Sign Up Sheet in the Theatre Folder
in the Library

Family and Friends Welcome!

APPLEWOOD

'GRUMPY OLD BLOKES' COFFEE MORNING

Every Saturday at 10.30am
Applewood Community Centre
Ground Floor Lounge



COME & CATCH UP

APPLEWOOD

Ladies Coffee Morning

10:30am
Every Sunday

Community Centre Ground Floor Lounge



LIVE MUSIC

POP AND COUNTRY MUSIC
At Applewood



David Kelly

March 20th 2026

ONE FRIDAY EVERY MONTH 3pm - 4:30pm
Please come and support David and listen to music favorites
APPLEWOOD ACTIVITY CENTRE
Hope You Can Come and Enjoy

APPLEWOOD WATER AEROBICS

with Bridget White

MONDAYS 9.30AM
& FRIDAYS 1PM

\$10 PER CLASS
EQUIPMENT PROVIDED

ALL PARTICIPANTS MUST COMPLETE A HEALTH DECLARATION FORM



2026 APPLEWOOD
MEN'S LUNCH
 12 noon | Bar opens 11:30am
 BYO Wine - **FREE** Corkage
 Dining Room at The Orchard Restaurant
 Applewood Community Centre

THURSDAY MARCH 5, 2026
AT 12PM
GUEST SPEAKER - GRAEME JACOBS

Your choice of Main for \$28
 1. Ossa Buco served with polenta
 2. Mixed Seafood Basket - fried calamari, fish, prawn with chips and side salad

Dessert \$10
 Ricotta and Chocolate Cannoli (\$10)



Co-ordinators: Brian Morris Ph 0950,
 Gordon Paulett Ph 4246, Ian Golding Ph 4238,
 Sign up in the library by no later than March 1st

Ladies Lunch
 19 March | 12PM

YOUR CHOICE OF MAIN - \$26
 1. Flaked salmon salad with fresh vegetables, capers and parsley in a creamy lemon dressing
 2. Chef's feta and roasted vegetable pasta with cherry tomato

DESSERT - \$10
 1. Fresh mango trifle
 2. Trio of Icecream

Sign up in the library by Friday 13th of February

Newcomers Welcome!

Creative Designs Group.

HANDMADE BY APPLEWOOD RESIDENTS.

MARCH - WED 11 & 25
 1-3pm.
 Community Centre.
 Private Dining Room



CONTACT CHRIS GOSBELL EXT 1417

2026 APPLEWOOD

6PM

PIZZA NIGHT

2nd Monday of Every Month
 6pm. The Orchard Restaurant

Monday
 March 9, 2026

\$6 cash payable on the night.
 Please bring your own plates, utensils, drinks and glasses.

More Info: Jan Rodier Ext 0805 or Jude Parker Ext 0806

APPLEWOOD GYM

PERSONAL TRAINER

Ready to level up your fitness? Whether it's weight loss, muscle strength, better health, or learning to use the gym equipment properly, I'll create a plan tailored just for you!



SERVICES

- Customised Workout Plans
- One-on-One or Pair Sessions only
- AVAILABILITY -Tuesdays & Thursdays 10.30am - 12.30pm
- 30-minute **1 or 2 person/s sessions for \$50**

SCOTT AITCHISON

CONTACT:

thetrainingzone@hotmail.com

0499 988 066
(Text Only)

MOVE TO MUSIC

EVERY THURSDAY
9.15-10.15AM
APPLEWOOD ACTIVITY CENTRE
BOOKINGS KAYE DUFFELL
TEL 0415 528 032

GET FIT AND HAVE FUN!

Applewood Beauty

MARY MAATOUK

By appointment only
Contact Mary Maatouk
Tel: 0403 680 011

CLOSED No services in March 2026
Refer to Event Calendar (April 2026)

Our Services
Ladies and Men's Style
Cuts, Foils, Color Service,
Blowdry, Treatments.

APPLEWOOD HAIR STUDIO

2026 Open - Wednesday & Thursday
Bookings by Appointment Only
T: Melissa Sawyer on 0407 522 196



High Tea at The Windsor & Parliament House Tour

Wednesday April 8, 2026

Let's be indulgent!

Private transport to The Windsor Hotel in Spring Street, Melbourne.
Enjoy the old world charm of this beautiful venue as we indulge in High Tea, served with a glass of sparkling wine (or soft alternative); and various teas or coffee.

No rush here. Just savour the flavours of the delicacies on offer.

Next we venture across the road for a tour of Parliament House, .

Finally our private transport returns us home to "Applewood Village Resort."

Applewood bus leaves the Community Centre at 11.15a.m. and returns around 3p.m.

Cost: \$80 includes transport, High Tea and tour. **Only 10 places available!**

If fully booked, contact Sonia on 4246 to apply for a further place
(minus the transport) to be sought.

Sign in via the book in the library. Money **MUST** be deposited in the
Out & About Box at the same time.

Cash, cheque - payable to Applewood Social Committee or Direct Debit to: Account
Name Applewood Social Committee, BSB No. 033 395, Account No. 504342,
Ref. HighTea/insert your surname.



Don't Miss Out! Sign Up Now!





APPLEWOOD TABLE TENNIS

EVERY TUES & THURS 2-3.30PM

Applewood Activity Centre

We usually play doubles and have a lot of fun.
We would love to meet you!
Come along.

ANY RESIDENT OF ANY PLAYING LEVEL IS WELCOME.



CONTACT - MAGGY MORRIS ON EXT: 1476



APPLEWOOD CRAFT GROUP

*All Craft Ladies
Welcome*



**Every Monday
1pm - 3pm**

**Applewood
Community Centre
First Floor Lounge**

Enquiries: Di Lambley ext 1473 or
Gladys Wilson ext 4211




Tai Chi & Qigong at Applewood

EVERY WEDNESDAY
APPLEWOOD ACTIVITY CENTRE

10 & 10:30AM
BOOKINGS - MARGARET
TEL 0413 332123

Returning in 2026!
Wed Feb 4



SNOOKER

AT APPLEWOOD

SNOOKER GAMES
EVERY TUESDAY 9AM
EVERY FRIDAY 1.30PM

COMMUNITY CENTRE
LOWER GROUND FLOOR

.....

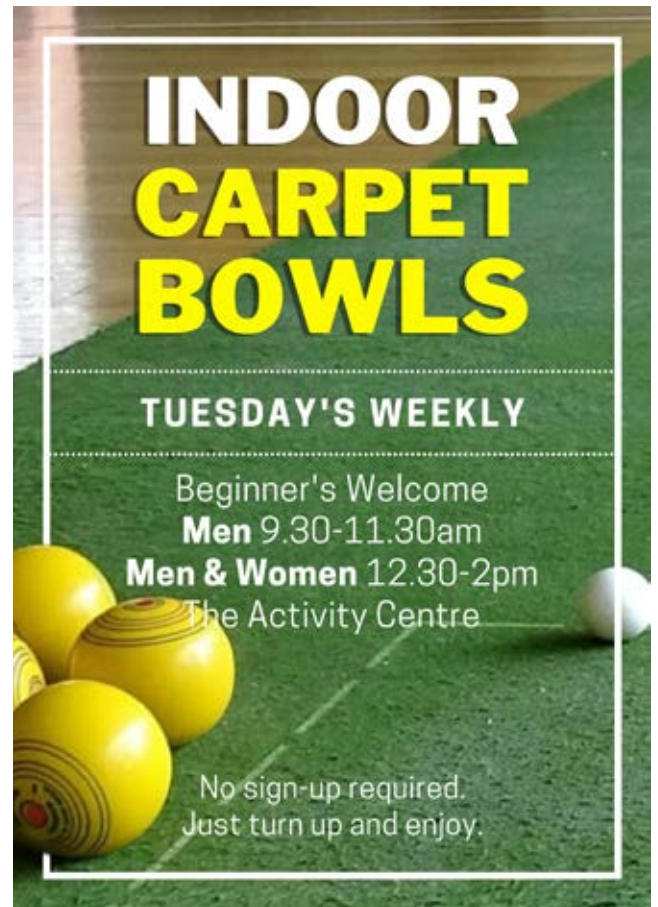
LOTS OF TALK & TIME TO CHALK!



**LINE
DANCING
AT APPLEWOOD**

EVERY MONDAY 1PM-2.15PM

TO JOIN CONTACT JO
TEL: 0407 828 056



**INDOOR
CARPET
BOWLS**

TUESDAY'S WEEKLY

Beginner's Welcome
Men 9.30-11.30am
Men & Women 12.30-2pm
The Activity Centre

No sign-up required.
Just turn up and enjoy.



**APPLEWOOD
FELLOWSHIP**
Meeting

ENJOY FELLOWSHIP
AND AFTERNOON TEA
IN A FRIENDLY,
WELCOMING COMMUNITY

WEDNESDAY MARCH 18 , 2026
THE ACTIVITY CENTRE
3.15 TILL 4.15PM


ALL WELCOME

CONTACT COL GOSBELL EXT 1417




THE ORCHARD
AT APPLEWOOD

CAFE LUNCH
MARCH - THURSDAY 12 & 26
10am-2pm

TODAY'S MENU

Come and
enjoy a
delicious lunch
and barista
made coffee!

Barista Coffee

from 10am

- Cappucino \$4
- Latte \$4
- Flat White \$4
- Long Black \$4
- Espresso \$4
- Chai Latte \$4
- Hot Chocolate \$4
- Mocca Latte \$4

- English Breakfast Tea \$4
- Earl Grey Tea \$4
- Peppermint tea \$4
- Chamomile Tea \$4

APPLEWOOD
Rummikub
BRINGS PEOPLE TOGETHER

NEW MEMBERS WELCOME
Tues, Thurs, Sat Weekly at 2pm
Applewood Community Centre
Level 1 Lounge



HAVE YOU PLAYED BRIDGE?

The Applewood Bridge Club welcomes new members, either by yourself or with your bridge partner.

Every Monday starting at 6.45pm
Applewood Community Centre
Level 1 Lounge

Contact Ruth Bunyan 0946 or Muriel Gell 0814 for more information

**Come and join us
for Solo Cards**

We meet every Wednesday
12.30 - 3.30pm
Applewood Community Centre
Level One Lounge

CONTACT - DI LAMBLEY ON EXT: 1473

**MAH-JONG AT
APPLEWOOD**

MONDAYS &
SATURDAYS
WEEKLY
1pm - 3pm
**The Orchard
Restaurant & Bar**

We hope to see you there!
For more information - Helen Proctor
Tel: 0917



Applewood Courtesy Suites

Enjoy a comfortable stay at Applewood with complete access to Applewood's facilities.



To book contact Applewood reception.
Room Rates - Apt 1 \$155 per night / Apt 28 \$145 per night

To book contact Applewood reception.

APPLEWOOD



Applewood Management & Staff invite all residents to join us for a fun, casual, social, Summer time Burger 'n' Bowls afternoon/night at the Doncaster Bowling Club.



Burgers Doncaster

will be catering dinner with your choice of a Beef, Chicken or Veggie burger & side-salad. Dinner will be followed by an ice cream.

\$25 per head

for dinner and bowls, with drinks available to residents from the Bowling Club's well priced bar.



Join for the dinner and bowling, or just the dinner & a few laughs with us all. Bowling starts from 4.30pm & finishes 7.30pm, the bar does not!

Sign Up sheet in the library closing on Sunday 28th february.



**Doncaster
Bowling
Club**

Bowls, Friendships & Fun
2-50 J J Tully Dr, Doncaster VIC 3108



APPLEWOOD

LEVEL 1 MOVIE NIGHT
LEVEL 1 LOUNGE

EVERY
WEDNESDAY

6:45 PM

MARCH 2026 MOVIES



MAR 4



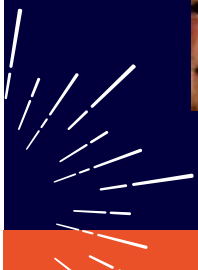
MAR 11



MAR 18



MAR 25



WHAT'S ON AT APPLEWOOD?



THE ORCHARD
AT APPLEWOOD

OPEN

TUESDAY & FRIDAYS
*EXCEPT PUBLIC HOLIDAYS & FRIDAY NIGHTER'S EVENTS

HAPPY HOUR 4-6pm
DINNER 6pm Onwards

PRIVATE FUNCTIONS AT APPLEWOOD

Book your next function or birthday celebration with family and friends at Applewood!




Areas Available for booking

- ✔ Private Dining Room
- ✔ New Enclosed Heated Balcony!
- ✔ BBQ Area
- ✔ Level One Lounge
- ✔ Applewood Activity Centre

To Book Contact Applewood Reception

Time to Shop!




APPLEWOOD BUS SERVICE

Visiting Westfield, The Pines and Blackburn Square every Tuesday & Thursday from the Applewood Community Centre.

Book at Reception

ALTERED BUS HOURS MARCH 2026



Altered Hours For Karralyka Event
Tuesday March 17, 2026

Altered Bus Times:

To Shoppingtown
depart from Community Centre
10:30am & 12:30pm
Pick up 12:45pm & 2:30pm

Book at Reception



USA MANNINGHAM



MOVIE CLUB AT APPLEWOOD

MARCH 2026



Small Things Like These
Wednesday March 11

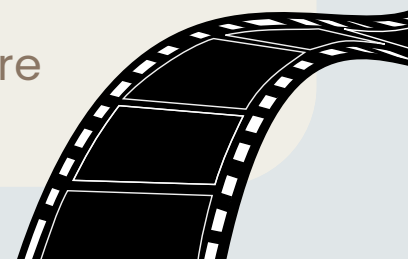


The Teacher Who Promised the Sea
Wednesday March 25



SHOWING AT

Applewood Activity Centre
1:30PM

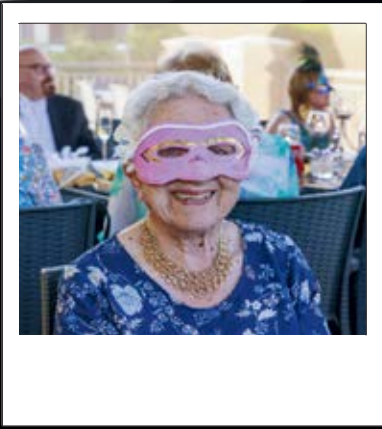
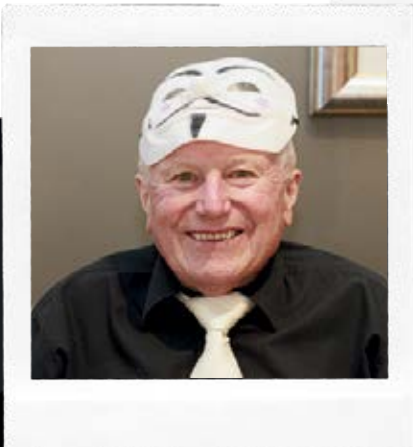
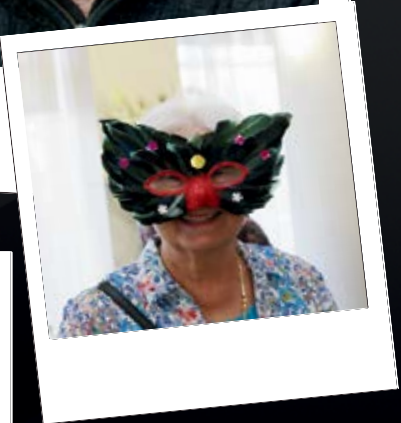
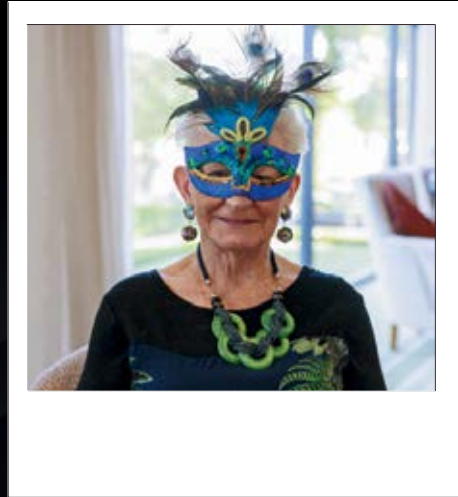


FRIDAY NIGHTERS MASQUERADE



All Photographs Available on the Resident Portal

FRIDAY NIGHTERS MASQUERADE



All Photographs Available on the Resident Portal



healthSAVE
Woodhouse Grove Pharmacy

HOME DELIVERY

We deliver to Applewood Monday to Friday

We offer a convenient home delivery service for our customers that live around the local Box Hill / Doncaster area.

Please speak with our friendly team to have your pharmacy products delivered to your door.

953 Station St, Box Hill North VIC 3129 Phone: (03) 9890 7500
Mon to Fri 9am-6pm / Sat 9am-1pm / Sun 10am-1pm



Ian Gill
Physiotherapy


Ian Gill is an Australian-based health professional. Ian is trained as a **Physiotherapist** and practices at Applewood on the following days.

By appointment only

- Tuesdays
- Thursdays
- Saturdays

 **IAN GILL**
0407 850 899

 **APPLEWOOD CONSULTING SUITES**





Applewood
Manningham Podiatry

Deborah
B.Pod, MA, Pod.A Podiatrist

Consulting at Applewood every Wednesday 9.20am - 2.40pm

Bookings by appointment only on 9850 1004.

MANNINGHAM
GENERAL PRACTICE

Manningham General Practice

Applewood Consulting Days
Tuesday's & Friday's 9am to 12pm

To book, call 8840 1400



Proud Mary Presentation at Applewood

Thursday April 9, 2026 - 10am
Applewood Community Centre

Come and learn all about Proud Mary's Cruise of a Lifetime on
South Australia's Murray River.

Morning Tea Provided.
Sign Up in the Library.



YOUR APPLEWOOD CONTACTS



John Smrk
Village Manager
Ext.1102
e: jsmrk@applewood.com.au



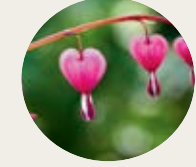
Felix Fogaty (L)
Gardener
Sam Scobie (R)
Gardener



Erin Geraghty
Assistant Manager / Resident Liaison
Ext.1116
e: egeraghty@applewood.com.au



Sol Dabooyeh
Maintenance (L)
Katrina Burke
Gardener (R)



Juana Gomez
Reception / Admin Assistant
Ext.1100 or dial 8
e: jgomez@applewood.com.au



Lyndel Olsen
Emergency Response Officer



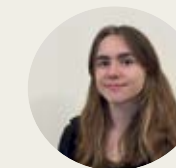
Linda Rallakis
Accounts Coordinator
Ext.1114
lrallakis@applewood.com.au.



Jason Chen
Emergency Response Officer



Melissa Cutajar
Communications
e: communications@applewood.com.au



Gracie Jackson
Emergency Response Officer



Leanne Reynolds
Administration Coordinator
Ext.1104
e: lreynolds@applewood.com.au



Bhav Grewal
Emergency Response Officer



Helene Kamieth
Property Consultant
Ext.1109
e: hkamieth@applewood.com.au



Viviana Mayorga
Emergency Response Officer



Heidi Pratt
Property Consultant
Ext.1108
e: hpratt@applewood.com.au



Sally Teo (L)
Leila Bermar (R)
Emergency Response Officer



Duncan Cuthbert (L)
Head Gardener
Jordan Lucia (R)
Garden Supervisor

