

# appleflash

EDITION 2. FEBRUARY 2026



## *Summertime at Applewood*

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## Contact us



**Reception & Comms Email:**  
reception@applewood.com.au  
communications@applewood.com.au



**Address:**  
5 Grand Boulevard  
Doncaster VIC 3108



**Web:**  
applewood.com.au



**Resident Portal:**  
applewood.com.au/login  
Email - your email address  
Password: Applewood2022



**Phone:**  
Internal dial 8  
External (03) 8848 1100



**Facebook:**  
ApplewoodRetirement

### Restaurant - The Orchard at Applewood

Tuesday and Friday's only. Internal extension 1121 or external call (03) 8848 1121

### Applewood Services:

Applewood Bus (Shopping) (Booking required)	Reception	Int 8 / Ext (03) 8848 1100
Applewood Hair Studio (By appointment only)	Melissa	Tel. 0407 522 196
Applewood Beauty (By appointment only)	Mary	Tel. 0403 680 011
Podiatrist (Appointment required)	Podiatrist	Tel. (03) 9850 1004
Physio (Appointment required)	Ian Gill	Tel. 0407 850 899
Manningham General Practice (MGP) (Appointment required)	MGP	Tel. (03) 8840 1400
Gymnasium (Booking required)	Reception	Int 8 / Ext (03) 8848 1100

**Applewood Swimming Pool & Spa (No booking required).** Note: During School holidays grandchildren are allowed to use the pool between the hours of 12pm-4pm

**Inhouse TV:** Channels 997, 998 (Applewood Notice Channels)

**Library:** Borrow Books, DVDs, Jigsaws, Computer use (also in Level 1 Lounge), Activity Sign-in Book & Notices

## APPLEWOOD RESIDENTS COMMITTEE (ARC)

Secretary                      Geoff Dreher                      Email: [gdreher@bigpond.net.au](mailto:gdreher@bigpond.net.au)

## EVENT COORDINATORS DIRECTORY - APPLEWOOD SOCIAL ACTIVITIES

Karralyka Theatre / The Round	Sonia Paulett	Ext. 4246
Mah-Jong	Helen Proctor	Ext. 0917
Mens Coffee Morning 'Grumpy Old Men'	Bob Slater	Ext. 1414
Ladies Coffee Morning	Ellen Boyd	Ext. 1452
Solo Cards	Di Lambley	Ext. 1473
Rummikub	Noni Strauss	Ext. 0930
Applewood Craft Group	Di Lambley	Ext. 1473
Creative Cards Group	Chris Gosbell	Ext. 1417
Bridge Group	Muriel Gell	Ext. 0814
Snooker	Graeme Adamson	Ext. 1446
Carpet Bowls (Men)	Gordon Paulett	Ext. 4246
Carpet Bowls (Ladies / Mixed)	TBD	
Lawn Bowls (Men)	Phil Mithen	Ext. 4230
Lawn Bowls (Ladies / Mixed)	TBD	
Table Tennis	Maggy Morris	Ext. 1476
Bingo	Keith Kemp	Ext. 0937
Pizza Night	Jan Rodier / Judy Parker	Ext 0805
U3A Movie Club	Rod Shield	Tel. 0413 883 524
Gardening Club	Richard Crosbie	Tel. 0417 168 605
Tai Chi & Qigong (Fee applies for class)	Margaret	Tel. 0413 332 123
Move to Music(Fee applies for class)	Kaye	Tel. 0415 528 032
Line Dancing (Fee applies for class)	Jo	Tel. 0407 828 056

# MESSAGE FROM THE VILLAGE MANAGER



Dear Residents,

## **Welcome to the February edition of the Appleflash.**

I hope you have all had an opportunity to make the most of the great weather over the past couple of weeks. The 'What's on at Applewood' calendar is a great quick reference guide to find out 'what's on and where' at Applewood.

**Applewood Footy Tipping Competition Reminder** - The 2026 AFL season is less than 5 weeks away, with Round 1 commencing on Thursday, March 5, 2026. The cost of entry for the entire season is \$20 per person, and you must join by Thursday, March 5, to be eligible to play, as the first game is that night.

The Applewood Footy Tipping competition is being run online through ESPN Footytips. Please refer to the recent communications sent on Friday, January 30, for details on how to join. Contact the office if you are experiencing issues.

**Applewood Resident Portal** - If you haven't already jumped online, why not click the link <https://www.applewood.com.au/login> and, by using your email address and password given to you upon arrival or your own personally reset password, you will gain access to a suite of village information and are able to use the platform to communicate and request optional services from village administration. If you are having issues, please let reception know; we will happily provide you with an instructional guide.

**Garage Door Reminder** - To maintain Applewood's visual amenity, we ask that all residents keep their garage panel doors closed where possible. On some occasions, a resident may need to open their garage door to allow airflow in when drying washing on the line in their garages, for example. In this instance, we ask that the garage door be opened only partially, i.e., no more than 30 cms / 18" inches off the ground.

**Reminder - Tram Rd Gate Code** - The gate code is 102001 and is for Staff or Resident Emergency use only. It is NOT for visiting family and friends, regardless of how often they visit. The old \*2001 code is no longer in operation.

**Returning from absence/hospital** - Please advise reception upon your return if you are returning earlier or later than advised. This will ensure our records are as accurate as possible in case of an emergency.

**Lift Project** - Minor adjustments, including a panel button upgrade, will be completed now in mid-February. I appreciate your patience during this project. Turn to the 'maintenance matters' section on page 11 for further project updates.

**The Orchard Restaurant** - The new summer menu is in full swing. Why not book a table with a fellow resident, family, or friends? Continue to look out for weekly communications regarding The Orchard Restaurant.

As always, we welcome all feedback on this essential service. It is because of this very feedback that we continue to improve on this service offering, so keep those suggestions coming! There are still spaces available for the February Masquerade Friday Nighters dinner; book in while you can!

**Laps For Life** - In loving memory of my nephew Julian, I'm again challenging myself to swim this year to save lives. Every day, one young person in Australia takes their own life; that's one too many. Please donate to my fundraising page and help ReachOut provide all young people in Australia with the support they need to be happy and well. I've challenged myself to swim 31km over March and raise funds to provide vital support to young people in Australia struggling with mental health difficulties. If you would like to sponsor and support my swim via my fundraising page: [https://www.lapsforlife.com.au/fundraisers/johnsmrk/laps-for-life-2026?utm\\_source=mobileapp](https://www.lapsforlife.com.au/fundraisers/johnsmrk/laps-for-life-2026?utm_source=mobileapp)

**Notable events in February to remember:**

This year, Valentine's Day falls on Saturday, February 14. Whatever your plans may be this Valentine's Day, I would like to wish everyone a very Happy Valentine's Day and hope you all have an enjoyable day filled with great friends, family, and loved ones. I look forward to seeing those who are attending the Friday Nighters that evening.

I look forward to yet another busy month ahead at Applewood.



**Applewood Village Manager  
John Smrk**



Dear Residents,

The decorations are stored away for another year and the busy times leading up to Christmas and the New Year celebrations are now behind us. We can look forward to 2026 with great anticipation for another special year at Applewood.

The weeks have passed so quickly, we wonder what happened to January. Over this period we enjoyed the cricket, the tennis and the not so enjoyable weather. The air conditioning was well used, although there was a day when the heaters went on.

For those who were away over the holiday period, we welcomed back and look forward to sharing in all the activities planned for our 25th anniversary year. The management staff are now back in full swing and it is lovely to see Steven and the restaurant staff back from their much needed holiday break.

Sonia has been planning a theatre schedule for the entire year with a new sign up book in the library. When you read through Appleflash at the many activities planned by residents, we are indeed grateful for the time and effort many contribute for our enjoyment and well being.

Your Applewood Residents Committee met in January with the seven elected members plus two co-opted residents joining to make up a full Committee. There are five sub-committees which are Chaired by a member of the ARC.

Over a long period many residents have held positions on the ARC and made a valuable contribution to our community. We are fortunate to have six additional residents who have accepted a position on each of the the sub-committees. Some of these residents have agreed to be a Specialist Advisor to provide additional professional advice when required.

The Committee is not an incorporated body and represents the interests of residents to management by providing suggestions and recommendations and support where necessary. The ARC is not an advisory body, but works closely with management to ensure the maximum level of satisfaction by residents is achieved.

Copies of all ARC minutes and reports are available on the Applewood Portal, we look forward to providing ongoing information through Appleflash or by Management's Communication.

Stay well, go safely  
Ellen Boyd  
ARC Chairman.





# Applewood 2026 Footy Tipping Competition

The 2026 AFL season gets underway in 4 weeks with Round 1 commencing on **Thursday March 5, 2025**.

Once again we will invite all footy fans to join us in the Applewood Footy Tipping competition.

**Cost of entry for the entire season is \$20 per person and you must join by Thursday 6th March to be eligible to play as the first game is on that night.**

**WE ARE AIMING FOR 40 ENTRIES!**

If the goal of 40 entries is achieved, Applewood will add \$10 for every entry from this year's Pie Drive funds to bolster the prize pool - The minimum of 40 entries must be reached to effect this.

## How to join?

The Applewood Footy Tipping competition is being run online through ESPN Footytips.

An email with further information and links to join the competition was sent to all residents on Friday January 30, 2026.

# FEBRUARY 2026 GARDEN UPDATE



Dear Residents,

Hoping everyone had a peaceful and relaxing Christmas / New year period and were able to catch up with family and friends during the festive season while enjoying some of that time in the picturesque gardens at Applewood.

As expected for this time of the year we have now endured several heat waves in Melbourne with more to come in the month of February and possibly beyond. As a result of the hotter conditions and less summer rain than expected the irrigation system will be operating on a permanent cycle of alternating days throughout the village gardens to help alleviate the harsh dryness these conditions bring and maintain a minimum amount of moisture for the thousands of plants and sections of lawns when there has been approximately less than 10ml of rain over a weekly period or continuous high heat wave temperatures over several days. Adrian, the irrigation contractor has been re programming the systems software lately and monitoring the improved distribution and saving of water resources as we can fine tune the amount of water by adjusting pressure, changing riser heads and setting times for the amount of water now delivered to more than 200 connected zones throughout the gardens from our centrally controlled computer.

The newly refurbished rockery garden along the pond boardwalk was recently completed in December after the painters put a new coat of paint on the Villa facades. It was great effort by the gardening team to remove unnecessary material, prune back some mature plants to allow more space, light and aeration for smaller or new varieties to be planted and to expose more of the large rocks that were placed there many years ago.

Mulching throughout the village continued in January and timed to help keep the plants root zones cool during the hottest days and suppress the multitude of seasonal weeds that occur in greater numbers at this time of year, especially from all

the weed seeds coming from the disturbed ground during the NEL works. We are currently using 10mm pine bark around the gardens as it retains moisture well, lasts for several years before needing to be topped up and has a pleasant aesthetic appeal that suits the garden style at Applewood.

With higher numbers of insects around at this time of the year spraying of aphids, borers, caterpillars, cherry slugs is in full swing again to minimise the damage along with fungal spraying for brown spot, powdery mildew, blights and rusts.

After a summer prune and fertiliser added the roses at Applewood are enjoying their 2nd and maybe 3rd flush of flowers after been badly damaged by stormy winds and rain during January. The 'Eye of Tiger' roses outside the community Centre are a large petal variety and therefore very susceptible to damage by wind and rain.

With the help of our new Gardeners Felix, Sam and Katrina the gardens are looking sensational so say hello to them when you're walking around the grounds.

See you out in the gardens to enjoy some peace and quiet, fresh air and greenery.

The Gardening Team.





# BOOK REVIEW

## Tenderfoot - Toni Jordan

*Queensland writer Toni Jordan's newest novel, "Tenderfoot" again shows her gift for characterisation and the way she sensitively explores the lives of "ordinary" people. Her ability to create a particular time and place is outstanding, and the reader is totally absorbed into a world, which for many of us is alien from our own experience.*

*"Tenderfoot" is a coming-of-age story, in which she evokes so clearly her own working-class background as a child of greyhound owners and trainers back in 1970's Brisbane, the time of Jo Bjelkie Peterson and a dodgy police force. This though is a novel -not an autobiography! We also enter the arcane and seedy greyhound racing world-not one I had ever given a thought to!*

*Our main character, Andie, looks back from later life, at the year her life fell apart when she was twelve. Most of us can remember, if we try, how it felt as childhood is ending and we "started" to grow up-even if we didn't have to cope with a family breakup! The author is gentle, as we see Andie attempting to negotiate the perilous world of school groups and cliques, where one can be rejected for any of many reasons. She loves school and is curious and anxious to learn and she aware that scholastic qualities are not those valued in a society where sporting ability and other things are more highly prized.*

*At home, her too young and inadequately prepared parents are totally involved with their greyhound training, racing their dogs and gambling, "their religion", and Andie, as a child, totally accepts all her parents say. She is close to her father and not her mother (drawn so objectively, it is hard to see redeeming qualities)-yet as a child, she just accepts it all. When her father leaves, she can't believe he would go, and her mother's new boyfriend, Steve, a shady character, adds to her inner turmoil.*

*As we share this tumultuous year, as she struggles to make sense of what is happening, the author creates a very authentic picture of one young girl's life, and as we see how she develops-perhaps because of -and despite the decisions she made- how a life can evolve. As our heroine says, "From my age now I can see all the versions of myself lined up, the traits and beliefs and values that each iteration held and which ones they kept and which they discarded".*

Judy Nicholls  
Applewood Resident

# BIG BUILD

## EASTERN FREEWAY

29 Jan 2026

Over the coming months, there'll be significant disruptions to the Eastern Freeway as we continue important upgrades on the freeway and Bulleen Road.

### ***9pm Wednesday 4 February to mid March***

*Bulleen Road citybound exit ramp closure*

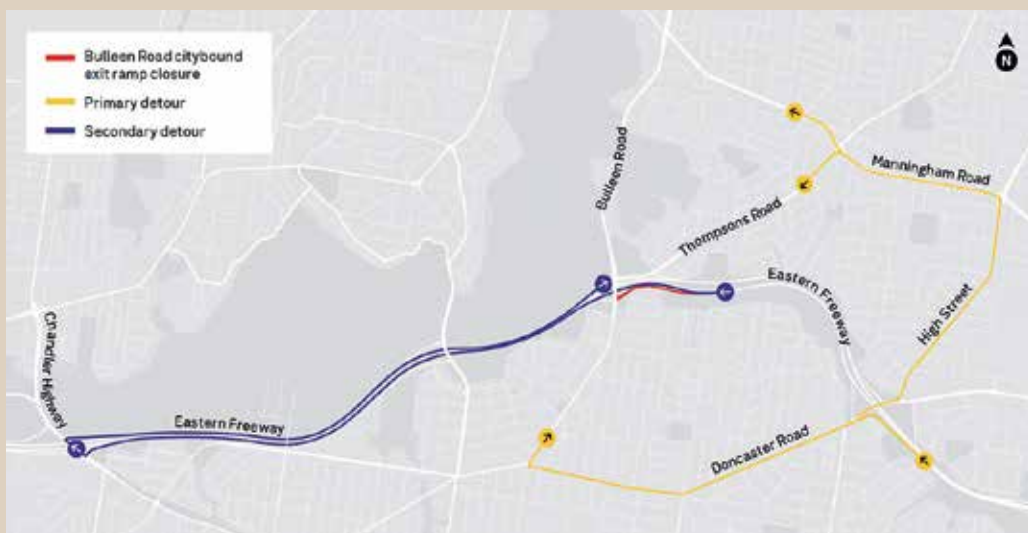
***10pm, Friday 6 February to 5am, Monday 9 February***

*Eastern Freeway citybound closure between Doncaster and Bulleen roads*

We'll close the Bulleen Road citybound exit ramp for up to 6 weeks while we carry out 24/7 works, including constructing a new shared path underpass, building new noise walls and carrying out pavement works.

We'll also close the citybound lanes on the Eastern Freeway between Doncaster and Bulleen roads, as well as some freeway ramps, to safely move traffic south onto newly built lanes so we can create a new worksite in the centre median on the freeway.

To help keep traffic moving during the freeway closure, we'll close some right turns along Doncaster Road to ease congestion along the detour route.



**Schedule is subject to change. For more information call 1800 105 105**

# FEBRUARY 2026 SALES UPDATE

Hello from the Sales Team,

January has been a busy month and we made 2 sales for the month 6 Pippin Way and 9 Sandpiper Lane.

Currently we only have 2 properties available for sale 3 Tollora Walk and 9 Emmerson Way, and we are waiting on vacant possession of several others.

We have 4 settlements in February so it will be a busy month, welcoming our new residents into the village.

Helene & Heidi

Email: [sales@applewood.com.au](mailto:sales@applewood.com.au)





## HIT THE GROUND RUNNING

### TRADES ARE RETURNING

Many trades have returned from holidays, with the balance set to return in the first week of February. Our painting contractors have already been undertaking works across a number of privacy screens and pergolas. Any deemed necessary for replacement have also been highlighted, with contractors being engaged to undertake those works. This primarily centres around advanced rotted timber privacy screens being replaced with aluminium blades due to their superior weather resistance.

### GUTTERS

Our gutter guard contractor has recommenced their cleaning schedule with a number of properties having been attended to over the last week. Our roof plumbing contractors will also be returning to site next week, with both scheduled gutter and pit cleaning beginning for 2026.

### GRAFFITI

One of our exterior walls suffered the attention of a graffiti artist (grrrrr ) however they chose a wall we had protected with anti-graffiti sealant, creating a much easier removal job than what it could have been.

### COMMUNITY CENTRE AIRLOCK GLASS DOORS

We have just completed upgrading the opening / closing mechanism for both sets of glass doors at the Community Centre entry. Due to the age and workload for these doors, we were advised the timing had come to do so, the works concluding this week.

### OVERHEAD FANS FOR BBQ BALCONY

Receiving lots of great feedback about the enhanced area on the BBQ balcony, the area being used a lot more with the motorised blinds providing a comfortable wind break & much reduced glare. Overhead fans will also be installed shortly, enabling a level of cooling during some of the hotter days we experience. We're glad to hear how much people have been enjoying the space.

That's it for now.... my holiday is becoming an increasing distant memory... however, it's lovely to see you all again.

*Cheers, Erin*

WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS WORK IN PROGRESS

## Appewood FOGO Garden Bins (Green Bin)

✓ Yes - these items can go into your FOGO Bin

- Fruit and vegetables
- Meat and bones
- Eggs and dairy
- Seafood
- Loose tea leaves and coffee grounds
- Tissues, paper towel and shredded paper
- Bread, pasta, rice and cereal
- Food scraps and leftovers
- Compostable bags
- Plants and weeds
- Grass clippings
- Garden pruning, leaves, flowers
- Small branches (up to 100mm in diameter)



✗ No - these items **cannot** go into your FOGO Bin

- No tea bags
- No plastic and biodegradable bags
- No gardening items, plastic pots, garden hoses and tools
- No animal waste including kitty litter
- No clam and oyster shells
- No liquids, fats, greases, and oils
- No soil, rocks or concrete
- No vacuum dust
- No plastic, glass and metal
- No nappies, hygiene products, baby wipes and makeup wipes
- No treated or painted timber and building materials
- No food packaging, rubber bands, cling wrap, foil, polystyrene and fruit and vegetable sticker



Please ensure that food scraps (including fruit and vegetables) **must** be placed in the green FOGO plastic bag before going into the green bin to prevent pooling and smells in the bottom of the bins, especially in the summer months.

# APPLEWOOD

# WELCOME *to our community*

Applewood would like to welcome our newest residents who have moved into Applewood.

**Kay Randall  
Nancy & Clyde Grinter  
Anne a& Warren Camps  
Judith Swanton  
Maureen Barker  
Graeme & Jenny Johnston**

Please join us in welcoming them to Applewood.

We hope you enjoy living in our beautiful community.



# FEBRUARY 2026

## SOCIAL EVENTS UPDATE



**PLEASE REFER TO THE MONTHLY CALENDAR FOR ALL DATES. A snippet is below.**

Details of each event may be found in individual ads elsewhere in Appleflash. Further details, including payment requirements, where applicable, appear at the top of each page in the sign-in book in the library. Please always check these and do not register anyone else without first gaining their permission.

### FEBRUARY 2026

Thursday 5	Men's Lunch	Brian Morris 0950
Monday 9	Pizza Night	Jan Rodier / Judy Parker
Saturday 14	Valentines Day	
Wednesday 18	Applewood Fellowship	Activity Centre
Thursday 19	Ladies Lunch	Sign Up Sheets
Wednesday 25	Affinity Quartet - The Round	Performance

### MARCH 2026

Thursday 5	Men's Lunch	Brian Morris 0950
Monday 9	Pizza Night	Jan Rodier / Judy Parker
Monday 9	Labor Day Public Holiday	Office Closed / ERO Onsite
Tuesday 17	A Swing Affair Karrayka	Performance
Wednesday 18	Applewood Fellowship	Activity Centre
Thursday 19	Ladies Lunch	Sign Up Sheet

Further information and details for signing up for events can be found in the library in the Theatre Bookings folder. The year of all Karrayka, The Round and Hamer Hall programmes are listed in the sign in book. Many more events to be found in the ads section of Appleflash.

### SOCIAL COMMITTEE DISCLAIMER:

Please be aware that the resident/volunteer organisers, and others participating in social events are not trained to provide assistance with mobility and other health issues. We cannot be responsible for your welfare. If you choose to join events, you must be able to competently manage your own health issues including physical access using stairs, coaches and any other part of the event without assistance, or secure a place to bring your own carer to assist you if required. (Failure in this regard will result in forfeiting your attendance on the day at your expense).

Kind Regards,  
Sonia Paulett (for the Social Events Group)

# They Sang at Carnegie Hall

Applewood  
Social Events Group



## Karralyka Theatre Tuesday April 14, 2026

Cost \$35 per person / \$35 Independent Travelers  
Bookings close Tuesday 17 February, 2026  
Bus leaves the Community Centre at 9.00am.

More information in sign up sheet in Theatre Bookings folder in the Library.

# Melbourne Welsh Choir

Applewood  
Social Events Group



## Karralyka Theatre Tuesday May 12, 2026

Cost \$35 Bus Travellers / Independent Travellers \$35  
Sign Up by Tuesday March 17, 2026.

Bus leaves the Community Centre at 9.00am.

More information on Sign Up Sheet in the Theatre Folder in the Library

APPLEWOOD

'GRUMPY OLD BLOKES'

# COFFEE MORNING

Every Saturday at 10.30am  
Applewood Community Centre  
Ground Floor Lounge



COME & CATCH UP

APPLEWOOD

# Ladies Coffee Morning

10:30am  
Every Sunday

Community Centre Ground Floor Lounge



LIVE MUSIC  
POP AND COUNTRY MUSIC  
At Applewood



David Kelly

February 20<sup>th</sup> 2026

ONE FRIDAY EVERY MONTH 3pm - 4:30pm  
Please come and support David and listen to music favorites  
APPLEWOOD ACTIVITY CENTRE  
Hope You Can Come and Enjoy

# APPLEWOOD WATER AEROBICS

with Bridget White

MONDAYS 9.30AM  
& FRIDAYS 1PM

\$10 PER CLASS  
EQUIPMENT PROVIDED

ALL PARTICIPANTS MUST COMPLETE A HEALTH DECLARATION FORM



**2026 APPLEWOOD**  
**MEN'S LUNCH**  
 12 noon | Bar opens 11:30am  
 BYO Wine - **FREE** Corkage  
 Dining Room at The Orchard Restaurant  
 Applewood Community Centre

**THURSDAY MARCH 5, 2026**  
**12PM**



For more information contact Brian Morris ext. 0950

**THE ORCHARD**  
 RESTAURANT

**LADIES LUNCH**



**Thursday 19 February 2026**  
**12pm**  
**Orchard Restaurant**

SIGN UP SHEET IN THE LIBRARY.

Newcomers Welcome!

**Creative Designs Group.**

HANDMADE BY APPLEWOOD RESIDENTS.

**FEBRUARY WED 11 & 18**  
 1-3pm.  
 Community Centre.  
 Private Dining Room




**CONTACT CHRIS GOSBELL EXT 1417**

**2026 APPLEWOOD**

**6PM**

**PIZZA NIGHT**

2nd Monday of Every Month  
 6pm. The Orchard Restaurant

**Monday**  
**February 9, 2026**

**\$6 cash payable on the night.**  
 Please bring your own plates,  
 utensils, drinks and glasses.




More Info: Jan Rodier Ext 0805 or Jude Parker Ext 0806

## APPLEWOOD GYM

# PERSONAL TRAINER

Ready to level up your fitness? Whether it's weight loss, muscle strength, better health, or learning to use the gym equipment properly, I'll create a plan tailored just for you!



### SERVICES

- Customised Workout Plans
- One-on-One or Pair Sessions only
- AVAILABILITY -Tuesdays & Thursdays 10.30am - 12.30pm
- 30-minute **1 or 2 person/s sessions for \$50**

## SCOTT AITCHISON

CONTACT:

[thetrainingzone@hotmail.com](mailto:thetrainingzone@hotmail.com)

**0499 988 066**  
(Text Only)

# MOVE TO MUSIC

**EVERY THURSDAY**  
9.15-10.15AM  
APPLEWOOD ACTIVITY CENTRE  
BOOKINGS KAYE DUFFELL  
TEL 0415 528 032

GET FIT AND HAVE FUN!

## Applewood Beauty

MARY MAATOUK

By appointment only  
Contact Mary Maatouk  
Tel: 0403 680 011

## APPLEWOOD HAIR STUDIO

**Our Services**  
Ladies and Men's Style  
Cuts, Foils, Color Service,  
Blowdry, Treatments.

2025 Open - Wednesday & Thursday  
Bookings by Appointment Only  
T: Melissa Sawyer on 0407 522 196



# FRIDAY NIGHTERS MASQUERADE PARTY

13 FEBRUARY 6PM

THE ORCHARD RESTAURANT

Your choice of two courses for \$47  
& \$5 entertainment levy.

## MAINS

1. Pork tenderloin with cream of dutch carrots & berry sauce served with broccolini & roasted capsicum

or

2. Barramundi fillet with pan fried spinach & mushrooms in a butter lemon sauce served with roasted beetroot

## DESSERTS

1. Chocolate almond cake served with vanilla ice cream

or

2. Seasonal fruit salad served with creme anglaise

Sign up sheet in the library, bookings close & full cancellation fees apply from 10am Friday 6<sup>th</sup> February.



# APPLEWOOD TABLE TENNIS

**EVERY TUES & THURS 2-3.30PM**

Applewood Activity Centre

We usually play doubles and have a lot of fun.  
We would love to meet you!  
Come along.

**ANY RESIDENT OF ANY PLAYING LEVEL IS WELCOME.**



**CONTACT - MAGGY MORRIS ON EXT: 1476**



# APPLEWOOD CRAFT GROUP

*All Craft Ladies  
Welcome*



**Every Monday  
1pm - 3pm**

**Applewood  
Community Centre  
First Floor Lounge**

Enquiries: Di Lambley ext 1473 or  
Gladys Wilson ext 4211




## Tai Chi & Qigong at Applewood

EVERY WEDNESDAY  
APPLEWOOD ACTIVITY CENTRE

10 & 10:30AM  
BOOKINGS - MARGARET  
TEL 0413 332123

Returning in 2026!  
Wed Feb 4



# SNOOKER

AT APPLEWOOD

SNOOKER GAMES  
EVERY TUESDAY 9AM  
EVERY FRIDAY 1.30PM

COMMUNITY CENTRE  
LOWER GROUND FLOOR

.....

LOTS OF TALK & TIME TO CHALK!

APPLEWOOD  
**LAWN BOWLS**

TURN UP AND HAVE SOME FUN!

**WANTED.**  
NEW BOWLERS WANTED  
TO JOIN APPLEWOOD BOWLERS

**WED** Men & Women 10am-11.30am  
**FRI** Men & Women 10am-11.30am

WEATHER PERMITTING

**INDOOR CARPET BOWLS**

TUESDAY'S WEEKLY

Beginner's Welcome  
**Men** 9.30-11.30am  
**Men & Women** 12.30-2pm  
The Activity Centre

No sign-up required.  
Just turn up and enjoy.

**APPLEWOOD FELLOWSHIP Meeting**

ENJOY FELLOWSHIP  
AND AFTERNOON TEA  
IN A FRIENDLY,  
WELCOMING COMMUNITY

WEDNESDAY FEB 18, 2026  
THE ACTIVITY CENTRE  
3.15 TILL 4.15PM

  
**ALL WELCOME**

**CONTACT COL GOSBELL EXT 1417**

Applewood


**POOL**

**Billiard Room**

**ALL LADIES ARE WELCOME TO PLAY POOL-ANY SKILL LEVEL-OR JUST COME BY TO WATCH AND CHAT!**

**SATURDAYS 1:30PM**

For more information contact  
Lee Fanning Ext 4235



**APPLEWOOD**  
**Rummikub**  
BRINGS PEOPLE TOGETHER

**NEW MEMBERS WELCOME**  
Tues, Thurs, Sat Weekly at 2pm  
Applewood Community Centre  
Level 1 Lounge



**HAVE YOU PLAYED BRIDGE?**

The Applewood Bridge Club welcomes new members, either by yourself or with your bridge partner.

Every Monday starting at 6.45pm  
Applewood Community Centre  
Level 1 Lounge

Contact Ruth Bunyan 0946 or Muriel Gell 0814 for more information



**Come and join us  
for Solo Cards**

We meet every Wednesday  
12.30 - 3.30pm  
Applewood Community Centre  
Level One Lounge

**CONTACT - DI LAMBLEY ON EXT: 1473**



Are you interested in learning  
**MAH-JONG?**  
BEGINNERS WELCOME

**MONDAYS & SATURDAYS WEEKLY**  
1pm - 3pm  
**The Orchard Restaurant & Bar**

We hope to see you there!  
For more information - Helen Proctor  
Tel: 0917

# 2025 Friday Nighter's

## PHOTOBOOKS



All harcopy Photobooks of Applewood's Friday Nighter's events for 2025 are now available for residents to view and enjoy in the Community Centre. These books showcase and capture these memorable themed events and we hope that you enjoy them.

## Applewood Courtesy Suites

Enjoy a comfortable stay at Applewood with complete access to Applewood's facilities.



To book contact Applewood reception.

Room Rates - Apt 1 \$155 per night / Apt 28 \$145 per night

To book contact Applewood reception.

APPLEWOOD



Applewood Management & Staff invite all residents to join us for a fun, casual, social, Summer time Burger 'n' Bowls afternoon/night at the Doncaster Bowling Club.



### Burgers Doncaster

will be catering dinner with your choice of a Beef, Chicken or Veggie burger & side-salad. Dinner will be followed by an ice cream.

\$25 per head

for dinner and bowls, with drinks available to residents from the Bowling Club's well priced bar.



Join for the dinner and bowling, or just the dinner & a few laughs with us all. Bowling starts from 4.30pm & finishes 7.30pm, the bar does not!

Sign Up sheet in the library closing on Sunday 28<sup>th</sup> february.



**Doncaster  
Bowling  
Club**

**Bowls, Friendships & Fun**  
2-50 J J Tully Dr, Doncaster VIC 3108



APPLEWOOD

**LEVEL 1 MOVIE NIGHT**  
**LEVEL 1 LOUNGE**

**EVERY  
WEDNESDAY**

**6:45 PM**

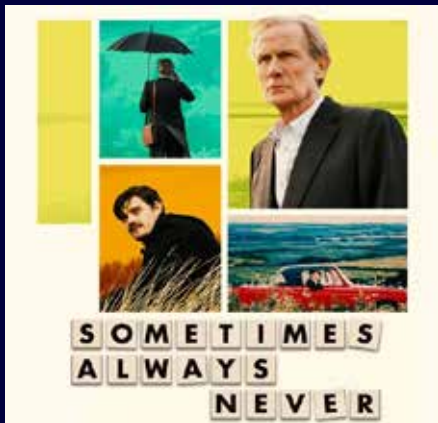
**FEBRUARY 2026 MOVIES**



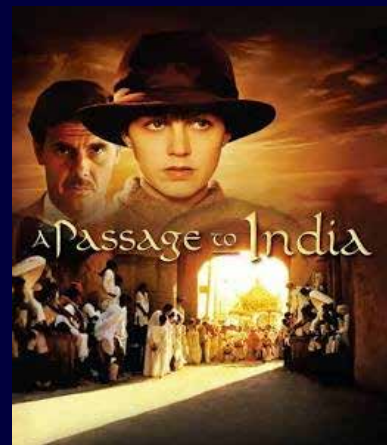
**FEB 4**



**FEB 11**



**FEB 18**



**FEB 25**





# OPEN

## TUESDAY & FRIDAYS

\*EXCEPT PUBLIC HOLIDAYS & FRIDAY NIGHTER'S EVENTS

HAPPY HOUR 4-6pm  
DINNER 6pm Onwards



THURSDAY FEBRUARY 19, 2026  
10AM - 2PM



Applewood Community Centre  
Support Local Artisans &  
Australian Made!

[www.madelocally.com.au](http://www.madelocally.com.au)

*Time to Shop!*



## APPLEWOOD BUS SERVICE

Visiting Westfield, The Pines and Blackburn Square every Tuesday & Thursday from the Applewood Community Centre.

Book at Reception

## Applewood Womens Indoor Carpet Bowls



COME ROLL  
WITH US!

Women's Indoor Tuesday  
afternoon 12.30pm to 2.00pm  
Applewood Activity Centre

For further details  
Contact: Judy Bailey ext 4241

USA MANNINGHAM

# MOVIE CLUB AT APPLEWOOD

FEBRUARY 2026



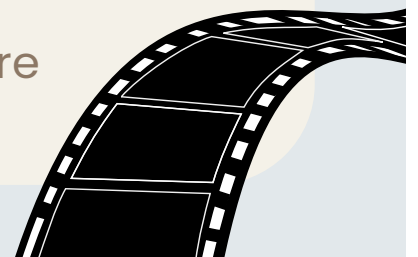
**The Velvet Queen**  
Wednesday  
February 11



**The Movie Teller**  
Wednesday February 25

**SHOWING AT**

Applewood Activity Centre  
1:30PM





# Applewood Garden Club

We at the Applewood Garden Club would like to thank residents and others who bought our Christmas Lilies. It was rather an adventure this year.

We planted the bulbs on the first of October for what our suppliers told us is the period which should give us the blooms at the critical time.

It was cold and dull!

We watched as they grew, "Yes, yes they are up and going".

Later, "They are getting a bit of height now".

It was cold, dull and wet (Wet was good).

As the Sale Day approached, "They are quite tall now and have developed 'heads' with small buds.

## Christmas in slow motion...

Our day had come, the first Wednesday in December, three weeks to go... the sun was shining "A lot can happen in three weeks." Not one bloom had shown itself. Our advice to our faithful residents as the weather showed no further sign that Christmas was on its way. "Keep them in a warm place" and well watered.

We put them in the sun when it was available, watered them and watched as the buds grew and became larger. We watched as the buds developed a bit of colour and looked as though the most advanced was going to burst into bloom until, well into January.. and it finally did. As we slept.

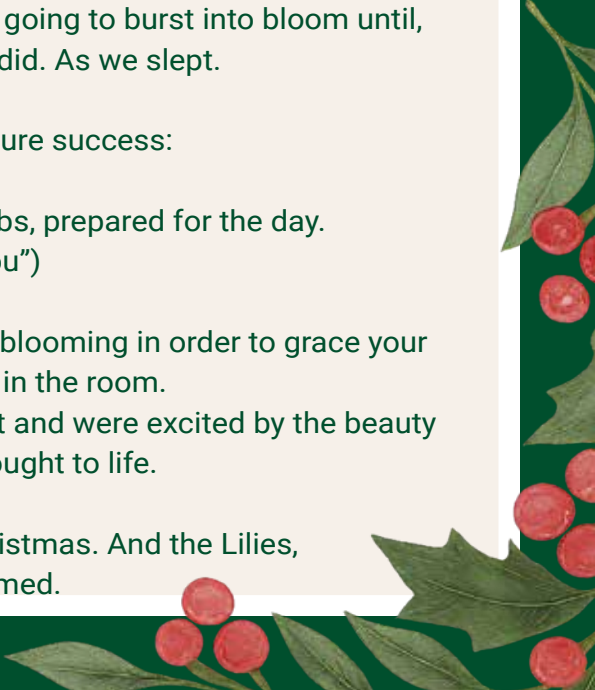
We don't know how to measure success:

Whether it is that we sold all pots of bulbs, prepared for the day.  
(Another Thank You")

Whether, by the following advice, flowers were blooming in order to grace your Christmas table or a corner in the room.

Whether you enjoyed close up, the life of a plant and were excited by the beauty of the wonderful flower brought to life.

We hope that you all enjoyed your Christmas. And the Lilies, whenever they bloomed.



# Applewood Garden Club

## The Idler:

For those with a “green thumb”, Richard has included some Cultivation Notes:

You can get your lilies to flower again next year if you follow some of the below simple steps.

1. After flowering, let the plant die right down until it looks to be dead.
2. After it looks dead, cut it off at ground level.
3. Either re-pot bulbs (perhaps in a bigger pot) using good potting mix or plant them in your garden at about twice the depth of your bulbs. Good idea, plant them in a clump, with a stake to prevent wind damage.
4. The bulbs should sprout in the Spring and flower about Christmas or New Year.





**healthS+VE**  
Woodhouse Grove Pharmacy

**HOME DELIVERY**

**We deliver to Applewood Monday to Friday**

We offer a convenient home delivery service for our customers that live around the local Box Hill / Doncaster area.

Please speak with our friendly team to have your pharmacy products delivered to your door.

953 Station St, Box Hill North VIC 3129 Phone: (03) 9890 7500  
Mon to Fri 9am-6pm / Sat 9am-1pm / Sun 10am-1pm



**Ian Gill Physiotherapy**

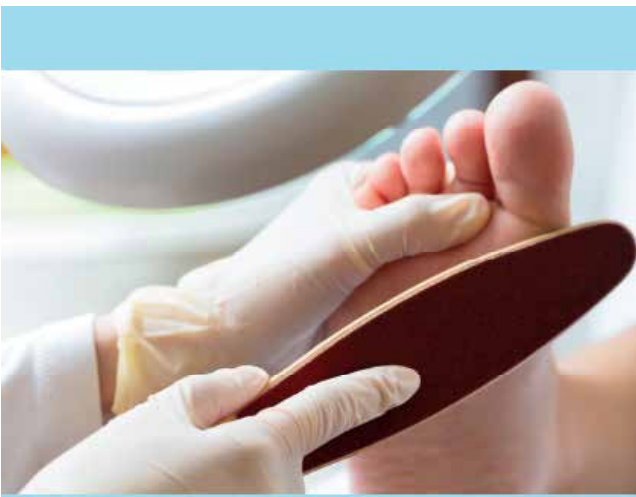
Ian Gill is an Australian-based health professional. Ian is trained as a **Physiotherapist** and practices at Applewood on the following days.

By appointment only

- Tuesdays
- Thursdays
- Saturdays

**IAN GILL**  
0407 850 899

**APPLEWOOD CONSULTING SUITES**





**Applewood Manningham Podiatry**

**Deborah**  
B.Pod, MA, Pod.A Podiatrist

Consulting at Applewood every Wednesday 9.20am - 2.40pm

Bookings by appointment only on 9850 1004.

**Manningham General Practice**

Applewood Consulting Days  
Tuesday's & Friday's 9am to 12pm

**To book, call 8840 1400**

# INTERNATIONAL WOMEN'S Day



## International Women's Day Breakfast with Jelena Dokic Monday March 2, 2026

Tickets are now on sale for this highly anticipated event, which will be held at the Manningham Function Centre on March 2 from 7:00am to 9:30am.

Jelena Dokic is well-known as a former world No.4 tennis player, popular tennis commentator and author of the best-selling autobiography, *Unbreakable*. Jelena will share her remarkable and inspiring story of survival, both on and off the court.

She will be joined by special guest panellists Inspector Carlie Kohler of Victoria Police and Kylie Scoullar, Chief Executive Officer of Doncare.

International Women's Day is officially recognised on 8 March each year. This year's United Nations Australia theme is 'Balance the Scales: a promise that every woman and girl – regardless of background or identity – should be safe, heard and free to shape their own lives'.

Gender equity and the prevention of violence against women and girls is everyone's responsibility. Men play a vital role as allies and advocates, and all members of our community are strongly encouraged to attend.

**Tickets are \$60, or \$45 concession, and include a plated breakfast.**

They are expected to sell out quickly, so make your booking today!  
To buy tickets visit: <https://www.manningham.vic.gov.au/news/join-us-international-womens-day-2026>

# YOUR APPLEWOOD CONTACTS



**John Smrk**  
**Village Manager**  
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e: jsmrk@applewood.com.au



**Felix Fogaty (L)**  
**Gardener**  
**Sam Scobie (R)**  
**Gardener**



**Erin Geraghty**  
**Assistant Manager / Resident Liaison**  
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**Sol Dabooyeh**  
**Maintenance (L)**  
**Katrina Burke**  
**Gardener (R)**



**Juana Gomez**  
**Reception / Admin Assistant**  
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**Lyndel Olsen**  
**Emergency Response Officer**



**Linda Rallakis**  
**Accounts Coordinator**  
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**Joshua Chang**  
**Emergency Response Officer**



**Melissa Cutajar**  
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**Emergency Response Officer**



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**Bhav Grewal**  
**Emergency Response Officer**



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**Viviana Mayorga**  
**Emergency Response Officer**



**Duncan Cuthbert (L)**  
**Head Gardener**  
**Jordan Lucia (R)**  
**Garden Supervisor**



**Sally Teo (L)**  
**Leila Bermar (R)**  
**Emergency Response Officer**

